

URINE (CLEAN CATCH) COLLECTION PROCEDURE

SUPPLIES PROVIDED

- Towelette packet for cleansing genital area or gentle soap
- Sterile plastic container for storage & transport of urine sample
- Biohazard bag to put urine container in for transport
- Specimen collection hat (if needed) - if a specimen collection hat is used, place it underneath the toilet seat with the rounded part facing the front of the toilet bowl.

HOW TO COLLECT THE URINE

1. Wash your hands before and after procedure.
2. With the supplied towelette or a gentle bath soap, wash the genital area
 - a. Female: skinfold/labia continuously spread
 - b. Male uncircumcised: pull the foreskin back
3. Throw the towelette away after using.
4. Have the patient begin urinating (skinfold/labia still spread) passing the first portion into the collection hat or toilet.
5. Collect the mid portion into the sterile plastic container without contaminating the container.
 - a. Collect the specimen even if the patient is unable to stop/start urinating.
 - b. If collecting in a collection hat, carefully pour the urine specimen into the sterile plastic container that is provided.
6. Make sure lid is on securely.

LABELING THE CONTAINER

1. Label the urine container with the following:
 - Patient's first and last name,
 - MR# or date of birth,
 - Date/time of collection
2. Place container in biohazard bag and seal.

IMMEDIATE TRANSPORT

- Transport immediately to the lab – must be tested within 1 hour of collection

DELAYED TRANSPORT

- Refrigerate and transport refrigerated ASAP to the lab - must be tested within 24 hours of collection