

## Children’s Hospital Colorado Inpatient Rehabilitation Scope of Service

<b>Department:</b>	<b>Inpatient Rehabilitation Services</b>
Ages of Patients Served:	
✓ Infancy (>60 days to <1 year)	✓ Late childhood (>5 years to <13 years)
✓ Early childhood (>1 year to <5 years)	✓ Adolescent (>13 years to <17 years)
	✓ Young Adult (>17 years to <22 years)

### Patient Population Served:

The Inpatient Rehabilitation Program at Children's Hospital Colorado provides acute and elective care for children and adolescents who have experienced a functional changes in the areas of physical, communication, cognitive, and/or psychosocial activity from trauma, illness, medical interventions or developmental disease.

All children, regardless of culture, race, ethnicity, language, nationality, spirituality, gender expression/identity, sexual orientation, country of origin, physical/intellectual abilities and/or socioeconomic status are considered for admission to the Inpatient Rehabilitation Program. Patients are considered on a case by case basis. Admission criteria depend in part on goals, anticipation for change during the inpatient rehabilitation stay, tolerance of an intensive rehabilitation program, and family education needs.

Common diagnoses treated include but are not limited to:

- Acquired Brain Injury
  - Traumatic Brain Injury
  - Stroke
  - Cancer / Neuro Oncologic disorders
  - Epilepsy Surgery
  - Abusive Head Trauma
  - Encephalopathy from varied causes
- Spasticity and Cerebral Palsy
  - Selective Dorsal Rhizotomy
- Disorders of the Spinal Cord
  - Transverse Myelitis
  - Spinal Cord Injury
  - Spinal Cord Stroke

### Baseline Health Profile of Patients:

Patients referred for evaluation and treatment due to an identified area of concern either because of injury, underlying medical condition or developmental disability meet the following criteria:

- Suffered a recent decline in baseline function
- Require at least two of the three major therapy disciplines (physical, occupational and/or speech therapy)

- Can tolerate an intensive therapy program, usually at least 3 hours a day
- Have a diagnosis that is expected to respond favorably to an intensive therapy program
- Require significant family training to compensate for new functional level

Aspects of Care:

The care that patients receive includes initial assessment, screening, evaluation, direct treatment, consultation, education, medical intervention indicated, and outpatient coordination of care. Services are provided on an inpatient basis and delivered within an interdisciplinary team setting to improve functional independence, comfort and psychosocial well-being so that our patients can successfully return to their homes and communities.

Services Provided by Clinical Staff:

Interdisciplinary care is **directly** provided by a team of professionals including Rehabilitation Medicine Physicians, Rehabilitation Nursing, Physical Therapy (PT), Occupational Therapy (OT), Speech-Language Pathology (SLP), Rehabilitation Psychology/Neuropsychology, Clinical Social Work, RN Case Management, Child Life Specialists/Pet Therapy, Learning Specialists, Behavioral Health Specialists (BHS), and Registered Dietician. Other hospital services are available as needed.

Average Length of Stay (LOS):

- 2019 Average LOS 26.2 days
- 2020 Average LOS 24.4 days

Additional Support Services Available for Patients/Staff:

Additional support services available to patients and families include counseling and referral to other professionals and services (e.g., interpreters, specialty clinics, patient advocates, and chaplain/spiritual care) within Children's Hospital Colorado. Referrals to community-based services may also be available.

Staffing:

Inpatient rehabilitation services are available 24/7.

Staffing needs are determined by analysis of patient mix and acuity. Assignments of care reflect staff's current clinical competence in relation to patient needs. Patient acuity, census, and mix are monitored on an ongoing basis and assignments are adjusted based on specific needs of the patient and his/her family support system. **See department specific staffing and hours of operation.**

Locations, Services and Hours of Operation:

Children's Hospital Colorado Anschutz campus Level 6 inpatient rehabilitation unit is open 24 hours/day, 7 days/week. **See department specific staffing and hours of operation.**

- Number of beds: 12