

**Pediatric Mental Health Institute
Psychology
Internship Training
Program in Child
Health Service
Psychology**

2023-2024

Authored by Jenna Glover, PhD

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**Children's Hospital
Colorado**



Psychology Internship Training Program in Child Health Service Psychology

2023-2024

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Children's Hospital Colorado offers a doctoral psychology internship training program in Health Service Psychology. **The program is designed as a full-time 12-month program beginning June 2023 and ending June 2024. Mandatory orientation will be the first two weeks of internship.** The internship is accredited by the American Psychological Association (<http://www.apa.org/ed/accreditation/>) and the program is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC-www.appic.org).

For additional information or if you have any questions regarding accreditation please contact:

Office of Program Consultation and Accreditation
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Washington, DC 20002-4242
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apaaccred@apa.org

Seven internship positions are available for the 2023-2024 training year. Interns will receive a salary of \$31,000, subject to the withholding of taxes. Interns are given a total of 31 paid leave days which include holiday, vacation, sick, and professional leave. Employee health and dental benefits are also available. Proof of malpractice coverage must be provided by the interns' training institution or by the intern.

Requirements for Admission

The training program is committed to the recruitment of interns from underrepresented groups. We encourage inquiries and applications from all qualified individuals. Applications will be accepted from doctoral candidates who are currently enrolled in an APA or CPA accredited PhD. or PsyD program in Clinical, Counseling, or School Psychology. Candidates are expected to have had training and experience in Clinical Child Psychology to gain maximum benefit from the experiences offered.

Prior to application all applicants are expected to have completed the following training experiences:

- Accepted into doctoral candidacy and completed dissertation proposal approval process.
- Completed at least three years of practicum/field placement or work experience, which includes a minimum of 500 hours direct clinical assessment and intervention hours combined (preference given to applicants with youth 0-18 years old and families).
- Completed at least five child and/or adolescent integrated psychological testing reports.
- If you have fewer than 500 hour or 5 integrated reports due to COVID-19 training delays please have your DCT e-mail our training director (jenna.glover@childrenscolorado.org) with an explanation of your circumstances and why you should be considered for your internship.

Application Procedures

Children's Hospital Colorado internship program abides by all APPIC policies and guidelines regarding application and notification procedures, including the APPIC policy that no person in this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

The internship includes required components completed by all interns, and pediatric specialties, which are chosen by each intern. **At the time of application candidates state their pediatric specialty preferences.** The tracks are described in the body of this brochure. Applicants have the potential to be interviewed for up to three tracks



to which they apply, and they may rank-order all tracks for which they are interviewed, but applicants will match with only one track.

Children's Hospital Colorado participates in the APPIC Computer Match Program. **Our program code match numbers are specific to the pediatric specialty track choices.** The program codes are:

| | |
|--------|----------------------------------------------------------|
| 117111 | Child and Adolescent Clinical Specialist |
| 117112 | Neuropsychology |
| 117113 | Pediatric Health Psychology |
| 117116 | Pediatric Neurorehabilitation: Assessment & Intervention |
| 117117 | Primary Integrated Care (2 positions available) |
| 117118 | Developmental Pediatric Psychology |

All applicants must use the APPIC AAPI on-line (www.appic.org). A completed application consists of the following materials:

1. Cover letter - Including your order of interest in pediatric specialty preferences, **maximum of three tracks**, (please also note specialty preferences when designating/submitting your application in the AAPI Online system).
2. A current Curriculum Vitae.
3. Three letters of recommendation, two of which must be from persons who have directly supervised your clinical work. Please submit only three letters
4. One complete psychological testing report (a child or adolescent client). **Please delete all identifying information from the report (must be uploaded as supplemental materials).**
5. Official transcripts of all graduate coursework.
6. Because our program is strongly committed to diversity, equity, and inclusion please specifically discuss your experiences and commitment to DEI in Essay #3.

It is the candidate's responsibility to make arrangements with the recommending persons and transcript offices such that all materials are received by the application deadline. *Completed applications must be received by November 1, 2022.*

Interview Process

All applicants will be informed of our interview decisions by email by the APPIC notification deadline. All interviews are conducted virtually. Virtual interviews for selected applicants will be held on *January 6th, 9th, 10th, and 13th of 2023.*

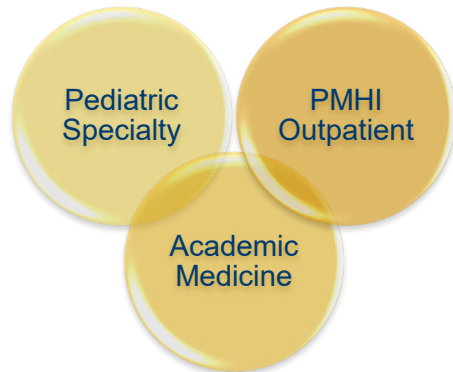
Any questions or concerns can be directed to CHCOPsychrTainingProgram@childrenscolorado.org

Commitment to Diversity, Equity, and Inclusion

Our primary mission is to provide helpful, warm, and culturally humble care to patients and their families. Our patients come from a variety of different backgrounds, histories, and experience different aspects of privilege and oppression that we must understand in order to provide the type of care we strive to give. We recognize that there is no one way to be an effective child psychologist and we seek to train a diverse and unique group of individuals who are representative of the patient populations we work with. We expect our supervisors and trainees to engage in ongoing examination of their own biases and actively discuss and understand the intersection of systems of oppression and social determinants of health on creating and sustaining health disparities.

Description of the Required Program Elements

The program consists of three rotations described below:



Pediatric Specialty Rotation

- Interns will match with only one specialty track, but may apply to a maximum of 3 tracks - 12 months, 20 hours/week dedicated clinical
 - Child and Adolescent Clinical Specialty
 - Developmental Pediatric Psychology
 - Neuropsychology
 - Pediatric Health Psychology
 - Pediatric Neurorehabilitation: Assessment and Treatment
 - Primary Care Psychology

Pediatric Mental Health Institute

- All interns participate in PMHI Outpatient Rotation-12 months, 10 hours /week:
 - Advanced Intake Clinics: Transdiagnostic Assessment Clinic & Gender Focused Intake Clinic
 - Outpatient Psychotherapy: Individual and Family Therapy
 - Group Therapy in Anxiety Disorders (CBT/ACT), Mood Disorders (DBT), Gender Dysphoria (GF-DBT), and Disruptive Behaviors (CBT/Unified Protocol)

Academic Medicine Rotations

- Supervision (12 months, 1-2 hours/week)
 - Interns will supervise a doctoral extern on 1-3 outpatient clinical cases. Interns will also participate in a monthly group supervision of supervision course.
- Research Rotation (12 months, 4 hours/week)
 - Interns are given 4 hours of dedicated research time to complete a scholarly product. Interns are paired with a research mentor who has an ongoing research project to complete this requirement. Funding is available for interns to present their research findings at a local, regional, or national conference.
- Didactic Seminars
 - Didactic seminars are held weekly and include a variety of topics covering pediatric behavioral medicine, social justice and health equity, substance abuse, trauma informed care, empirically based practices for eating disorders, empirically based interventions for sleep, professionalism, and supervision of supervision. Some seminars exclusively include psychology interns, and some include child psychiatry residents to facilitate interdisciplinary training.



Pediatric Specialty Rotation Descriptions

Child & Adolescent Clinical Specialist

Leadership within the rotation

- Kim Sheffield, PhD - Child & Adolescent Clinical Specialty Rotation Training Director

Supervisors

Direct supervision is provided by the experienced Licensed Psychologists across the intensive services and outpatient settings.

Description of the rotation

This specialty track is 20 hours per week. It consists of three, 4-month rotations for 15 hours per week in the intensive psychiatric care setting, and one, 12-month rotation in the outpatient psychiatric care setting for 5 hours per week. The goal of this specialty track is to help the intern develop competency skills necessary for working in various levels of care within a psychiatry department in an academic medical center.

Location within the Hospital: The intern will provide clinical intervention, consultation, and assessment on inpatient psychiatric floors and clinical intervention in outpatient mental health clinics located in the Pediatric Mental Health Institute (PMHI) at Children's Hospital Colorado.

Patient Population Served: Patients range in age from early childhood to young adults with both acute and chronic psychiatric concerns.

Description of the Experiences

An intern will rank their preference for the experiences in the intensive services rotation and experiences in the outpatient services rotation from the options listed below. The intern will participate in a total of 3 intensive rotations and 1 outpatient rotation for the year.

While efforts will be made to accommodate the intern's top choices and address each trainee's goals, rotations will be available dependent upon availability of supervisors and scheduling considerations for the given internship year.

Intensive Services Rotation

The intern will select 3 experiences from the following to complete over the course of the year:

Anxiety Intensive Outpatient Program (AIOP)

Supervisor: Ben Mullin, PhD

The intern will be involved in co-facilitating group therapy sessions with children and adolescents and their families participating in the Anxiety Intensive Outpatient Program (AIOP), a 6-week intensive program for youth with severe anxiety disorders or obsessive-compulsive disorder. This program focuses on exposure with response prevention, cognitive-behavioral and ACT modalities. Supervision is developmental, with opportunities to shadow, co-facilitate, then lead sessions with the supervising psychologist and behavioral health clinicians. Opportunities may also be available for contributing to program development, outcomes monitoring and other QI research, and participating in team meetings.

Eating Disorders Program (EDP)

Supervisor: Kim Sheffield, PhD

The Eating Disorders Program (EDP) is a partial hospitalization program serving children and adolescents ages 6-18. The multi-disciplinary team consists of adolescent medicine physicians, psychiatrists, psychologists, social workers,

dietitians, nurses, and behavioral health specialists in addition to trainees from every discipline. Patients have a primary diagnosis of Anorexia Nervosa, Bulimia Nervosa, Avoidant-Restricted Food Intake Disorder (ARFID) or Other Specified Feeding or Eating Disorder (OSFED). Patients may also have a number of comorbid conditions including (but not limited to) Depression, Anxiety, OCD, and PTSD. Primary treatment modality is derived from Family Based Treatment (FBT) and involves family members at every level of care. In addition to standard family-based treatment interventions, families receive skills related to behavior coaching and emotion coaching/support through Emotion Focused Family Therapy (EFFT). Clinical opportunities include completion of brief psychological assessments, individual/family therapy, and group therapy. Interns also have the opportunity to be involved in ongoing program development.

Intensive Psychiatric Unit (IPU)

Supervisor: Evadine Codd, PhD

Interns will have the opportunity to conduct psychological and safety assessments with youth admitted to an inpatient program for crisis stabilization. In addition, interns will be able to work on a multidisciplinary team to develop behavior management programs and deliver milieu-based group therapy.

Neuropsychiatric Specialty Care (NSC)

Supervisor: Patrick Romani, PhD, BCBA-D; Mathew Luehring, PhD, BCBA, NCSP

Interns will have opportunities to work with youth ages 4 through 17 with developmental disabilities and co-occurring severe disruptive behavior and/or mental health concerns within NSC across both the inpatient and partial-hospitalization program (PHP). Treatment is primarily based on applied behavior analysis (ABA), which will give the intern experience in administering preference assessments and functional analyses, as well as developing and implementing individualized behavioral treatment plans (e.g., functional communication training). Interns will also have opportunities to co-facilitate individual sessions and groups focusing on cognitive-behavior therapy (CBT), parent training, and social skills. Opportunities may also be available to contribute to NSC research, quality-improvement projects, and administer and interpret standardized cognitive and autism-specific assessments.

Partial Hospitalization Program (PHP)

Supervisor: Lauren Henry, PhD

Interns will have opportunities to work with psychiatrically acute patients in a variety of roles in the generalized Partial Hospitalization Program (PHP), providing comprehensive, multidisciplinary treatment for children and adolescents with a range of psychiatric challenges. Interns will work closely with the PHP psychologist and engage in a breadth of clinical and didactic experiences unique to this generalized, acute psychiatric level of care. Interns will participate in a variety of intervention activities (Exposure/Response Prevention, Unified Protocol, Parent Management Training, Motivational Interviewing, etc.), delivered through a number of modalities (individual, family, and group therapies). Diagnostic assessment and consultation opportunities will include broad band measures, semi-structured diagnostic interviewing and administration of targeted assessment batteries (i.e. cognitive, adaptive, behavioral, etc). Working with PHP psychiatry teams and other behavioral health clinicians, interns will have the opportunity to initiate interprofessional and interdisciplinary collaboration, engage in systems-based practice and provide client-centered and consultee centered consultation.

Outpatient Services Rotation

The intern will select 1 experience from the following to complete during the training year:

Certification in:

Unified Protocol (UP)

Supervisors: Sarah Kennedy, PhD

Interns selecting this rotation will have opportunities to obtain intensive training and supervision in providing treatment with the Unified Protocols for Transdiagnostic Treatment of Emotional Disorders in Children and



Adolescents (UP-C/UP-A). The UP-C and UP-A are transdiagnostic interventions for children and adolescents, respectively, that address core dysfunctions maintaining emotional disorders rather than addressing symptoms of specific diagnoses. As part of this rotation, the intern will have an opportunity to achieve therapist certification in the UP-C and/or UP-A by participating in a comprehensive training and seeing at least one case from start to finish under the supervision of a certified trainer, while meeting certain adherence requirements. Depending on the supervisor, the intern may also have opportunities to participate in a grant-funded clinical research pilot study examining methods of sequencing intervention components, a clinical research study examining outcomes of an adaptation of the UP-C for pediatric irritability, or other clinical research projects related to the UP-C and UP-A.

Parent-Child Interaction Therapy (PCIT)

Supervisor: Jake Holzman, PhD

The intern choosing this rotation will have the opportunity to acquire intensive training in Parent-Child Interaction Therapy (PCIT) - an intensive intervention empirically supported for addressing behavioral concerns, emotion dysregulation, and trauma-related concerns in young children. PCIT training will be provided such that certification in this modality could be achieved. Additionally, the intern could take part in research activities that are integrated within PCIT clinical activities examining the role of parental emotion regulation and executive functions on treatment outcomes. These opportunities will take place within the Outpatient Health Pavilion which offers services to traditionally underserved families of diverse backgrounds.

Specialized focus in:

Parent Management Training (PMT)

Supervisor: Jessica Hawks, PhD

On the externalizing disorders/Parent Management Training rotation, interns will have the opportunity to provide evidence based individual and group-based treatment to parents and patients with disruptive behaviors. This will include a primary focus on becoming well-versed in flexible application of parent management training strategies to a variety of presenting problems and ages. Interns will develop competencies in providing psychoeducation, modeling, and coaching skills related to this therapeutic modality. This will be achieved, in part, through developing mastery of appropriate and effective use of clinical assessment skills to inform a robust case conceptualization and treatment plan. There will also be opportunities to gain exposure to innovative approaches to working with this patient population, including effective use of parent and patient-focused exposures. Depending on availability, the intern may also be able to participate in clinical research related to the transdiagnostic approach to the treatment of irritable and disruptive youth.

Specialized focus in Evidence-Based Practices for:

Neurodevelopmental Disabilities

Supervisors: Julia Barnes, PhD, BCBA and Mathew Luehring, PhD, BCBA, NCSP

The intern will focus on patients with Neurodevelopmental Disabilities (NDD), including (but not limited to) Autism Spectrum Disorder (ASD), Intellectual Disability, and Attention-Deficit Hyperactivity Disorder (ADHD). Experiences will include learning and applying Applied Behavior Analysis (ABA), modified Cognitive Behavioral Therapy (CBT), and other evidence-based approaches for the NDD population - as appropriate to each case. For interns in the process of completing BACB-approved coursework toward board certification in behavior analysis (BCBA), supervised experience and supervision hours towards BCBA certification requirements can be offered as part of this rotation at the discretion of supervisors.

Anxiety Disorders

Supervisor: Ben Mullin, PhD

The intern will take on a small individual caseload of children and adolescents with OCD or primary anxiety disorders. The goal for this rotation is for the intern to develop expertise in case conceptualization related to chronic anxiety, and the effective implementation of exposure with response prevention. The intern will learn about both traditional cognitive behavioral approaches to anxiety, as well as adaptations including acceptance and commitment therapy. The intern will take on patients from the general outpatient clinic, as well as more acute patients who are stepping down from the Anxiety Intensive Outpatient Program.

Gender Focused Outpatient Rotation

Supervisor: [Marissa Nunes-Moreno, PhD](#)

The intern will have an opportunity to gain depth of knowledge and experience in providing gender affirming behavioral health care to gender diverse youth (i.e., those who identify as transgender, non-binary, gender fluid, etc.) and their families. The intern will take on a small outpatient caseload of gender diverse children and/or adolescents presenting with primary needs associated with gender dysphoria and co-occurring mental health needs. Individualized training with this specific population will be integrated early into the training year in the form of direct shadowing, co-treatment, supervision, and other identified opportunities (e.g., trainings, seminars, etc.). The intern will be able to thoroughly assess for and recognize symptoms of gender dysphoria and the relationship with other mental health symptoms (e.g., disordered eating, anxiety, depression, suicidal ideation), address psychosocial stressors associated with coming out/transition/gender identity, support caregivers through coming out/transition, and guide youth and caregivers through readiness processes for gender affirming medical interventions, among other competencies. The goal of this rotation is for the intern to develop greater experience and expertise in providing clinical services for gender diverse youth and their families in a way that sensitively integrates evidence-based practices into treatment with an intersectional and social justice-based foundation.

Developmental Pediatric Psychology

Leadership within rotation

- Training Director - Elizabeth McMahon Griffith PhD
- Associate Directors - Liz Coan PsyD, Caitlin Middleton PhD, Nuri Reyes PhD, Emily Werner PhD

Supervisors

Direct supervision is provided by the experienced Licensed Psychologists in our group of over 20 Psychologists.

Description of the rotation

The Section of Developmental Pediatrics in the Department of Pediatrics focuses on Neurodevelopmental Disorders with an emphasis on evidence-based assessment and treatment of autism spectrum disorder. Located within Children's Hospital Colorado, outpatient clinics in Developmental Pediatrics are dynamic interdisciplinary experiences with psychologists, developmental behavioral pediatricians, and allied health professionals, including genetic counselors, child life, and social workers, working closely with patients and families.

Training Model. The Developmental Pediatric Psychology Track is 16-20 hours/week for a full year. Over the course of the year, [the intern will rotate through several different age-based clinics \(i.e., very young children through older adolescence\)](#), becoming adept at clinical assessments and treatment across the developmental phases of childhood and adolescence. A year-long mentor ensures that the intern's clinical experiences in Developmental Pediatrics align with their individualized training goals, while direct supervision is provided in each of the clinics by experienced Licensed Psychologists.

Specialty: Assessment and Treatment. Interns will achieve specialization in Autism Spectrum Disorder, Intellectual Disability, and other conditions associated with developmental disabilities. Assessment experiences for the intern also may include assessment and treatment of children with genetic disorders and other medical conditions, including Sex Chromosome Disorders, Fragile X, and Deaf and Hard of Hearing. Assessment experience with



Bilingual Spanish speaking children is also available for bilingual interns. Interns may select from short-term targeted intervention opportunities (e.g., “ABCs” Behavior Parent Training, Behavioral Sleep Clinic, Early Start Denver Model, Toileting Clinic, or Facing Your Fears group psychotherapy).

Supervision. Direct supervision is provided by the experienced Licensed Psychologists in our group of over 20 diverse psychologists, through video conferencing and in person. Supervision is largely in vivo with supervisors providing direct oversight within an interdisciplinary team setting. Supervision related to intervention/treatment, professional development, and mentoring is completed in once or twice weekly meetings.

Telehealth. Given the ongoing COVID-19 pandemic, Developmental Pediatrics is now providing evaluation and intervention services through telehealth (video conferencing), as well as continuing in-person visits. It is our expectation that our psychologists, and the intern, will continue to provide services through both modalities.

Neuropsychology

Leadership within the rotation

- Christa Hutaff-Lee, PhD, ABPP-Cn - Neuropsychology Neurology Rotation Training Director
- Robin Peterson, PhD, ABPP-Cn - Neuropsychology in Rehabilitation Rotation Training Director

Supervisors through Division of Neurology

- Gretchen Berrios-Siervo, PsyD., ABPP-Cn
- Christa Hutaff-Lee, PhD., ABPP-Cn
- Jennifer Janusz, PsyD., ABPP-Cn
- Arianna Martin, Psy.D.
- Andrea Miele, PhD., ABPP-Cn
- Elise Turner, PhD
- Greta Wilkening, PsyD., ABPP-Cn
- Kelly Wolfe, PhD., ABPP-Cn

Supervisors through Department of Rehabilitation and Physical Medicine

- David Baker, PsyD., ABPP-Cn
- Amy Connery, PsyD., ABPP-Cn
- Michael Kirkwood, PhD., ABPP-Cn
- Robin Peterson, PhD., ABPP-Cn
- Sarah Tlustos-Carter, PhD., ABPP-Cn
- Christine Petranovich, Ph.D.
- Alison Colbert, Ph.D. ABPP-Cn

Description of rotation:

The Neuropsychology Rotation provides specialized training in neuropsychological assessment with pediatric populations. This rotation is focused on preparing interns for postdoctoral training in pediatric neuropsychology and is geared towards applicants interested in pursuing a career in pediatric neuropsychology. The rotation is for 20 hours per week. The intern will work in the Division of Neurology for 6 months and the Department of Physical Medicine and Rehabilitation for 6 months. For both rotations, the intern will complete 1-2 neuropsychological evaluations per week and attend 3-4 inter-disciplinary clinic per month, with all activities conducted in close collaboration with their supervisor. The comprehensive neuropsychological evaluations will include conducting the interview, selecting the test battery based on presenting problem, testing, scoring, and completing feedback sessions with parents/guardians. The trainee may have the opportunity to participate in telehealth intakes and feedback sessions. The goal of attending inter-disciplinary clinic is to learn brief, focused evaluation models, as well as to gain skills in collaborating with physicians and other allied health professionals in assessing children and developing treatment plans. Faculty neuropsychologists are involved in the following inter-disciplinary clinics and the intern will attend certain clinics based on schedules: Concussion Clinic, Seizure Clinic, Neuroimmunology

Clinic, Single Ventricle Care Program, Neurofibromatosis Clinic, 22q11.2 Deletion Syndrome Clinic, Turner Syndrome Clinic, Tuberous Sclerosis Clinic, and Neurogenetic Clinic (including patients with neurodegenerative diseases). Based on the qualifications of the intern and the availability of faculty, opportunities for conducting evaluations with Spanish bilingual populations may also be available. Interns may also have the opportunity to attend seizure surgery conference and may be able to participate in Wada testing (sodium amytal testing) and cortical mapping (potentially limited due to COVID-19 protocols).

Pediatric Health Psychology

This specialty track consists of three, 4-month rotations for 16 hours per week, and one, 6-month rotation for 4 hours per week. The goal of this specialty track is to provide interns with a learning experience that offers breadth and depth of training across different pediatric psychology settings and populations. Interns will rank their preferences for rotations from the options listed below. While efforts will be made to accommodate the intern's top choices and address each trainee's goals, rotations will be available dependent upon availability of supervisors and scheduling considerations for the given internship year.

Location within the Hospital: Interns will provide clinical intervention, consultation, and assessment on inpatient medical floors and in outpatient medical clinics located in the Children's Hospital of Colorado (CHCO) and in the Pediatric Mental Health Institute (PMHI).

Patient Population Served: Patients range in age from infancy to young adults with medical and psychological concerns.

Description of the Experiences and Leadership of the Rotation

Consultation-Liaison (C/L) Service - Supervisors: Laura Judd-Glossy, PhD & Lauren Wood, PhD

- Overview: The C/L Service is available to children and adolescents receiving inpatient medical care at CHCO. Consults are requested from a wide range of medical services (e.g., General Medical, Surgery, Gastroenterology, and Pulmonary) and typically include individual and family-focused assessment, consultation, and intervention. Referral concerns include adjustment/coping with chronic illness, medical adherence, quality of life, behavior problems, pain management, mental health concerns (e.g., depression, anxiety), trauma, mental status, delirium, and safety. Interns provide brief, short-term consultation/intervention services to patients and families and may provide ongoing psychotherapy for patients with longer hospital admissions. The C/L Service, which includes psychiatrists, psychologists, behavioral health clinicians, and psychiatry and psychology trainees, engages in multidisciplinary collaboration with medical professionals at CHCO (e.g., physicians, nurses, child life specialists, social workers, physical/occupational/speech-language/respiratory therapists), as well as outside of the hospital (e.g., community mental health agencies, schools). Interns attend daily C/L rounds as well as other multidisciplinary rounds and patient care conferences to assist with coordination of patient care.

Cystic Fibrosis (CF) Center - Supervisor: Emily Muther, PhD

- Overview: Interns will have the opportunity to work with patients diagnosed with CF, from infancy through young adulthood. Support and intervention will be provided in the outpatient CF Clinic as part of patient's routine CF care and during sick visits and on the medical floor during CF-related admissions. Interns will work collaboratively within the multidisciplinary team that includes pulmonologists, nurse practitioners, pharmacists, dieticians, physical therapists, respiratory therapists, nurses, and social workers. Common referral issues for psychology to address include grief and stress at the time of diagnosis, adjustment to diagnosis and coping with CF, medical adherence, mood difficulties, behavioral challenges, school and social challenges, coping with medical admissions, and coping with the impact of CF on quality of life. Interns will provide a range of clinical services, including brief consultation and assessment, longer-term psychotherapy, and consultation within the larger community and with schools.



Medical Day Treatment Program - Supervisor: Jennifer Lindwall, PhD

- Overview: Medical Day Treatment is a unique school housed at Children's Hospital Colorado that provides educational, medical, and psychotherapeutic support for children and adolescents with chronic medical illness who have difficulty attending a traditional public school due to their medical needs. Youth present with a wide range of medical conditions (e.g., Type I Diabetes, seizure disorders, cancer, GI conditions, chronic pain, sickle cell disease, obesity) and psychosocial difficulties (adjustment and coping with chronic medical, quality of life, depression, anxiety, and trauma). The psychology intern will conduct initial evaluations, provide individual and family therapy, and will co-facilitate weekly group therapy. Treatment using CBT, ACT, mindfulness, behavioral therapy, and motivational interviewing principles typically focuses on improving medical adherence, coping with chronic illness, improving social skills, and decreasing anxiety and depressive symptoms that are often associated with medical illness. The intern will assist with administering, scoring, and interpreting self-report and parent-report measures that assess patient outcomes (including depression, anxiety, quality of life, and resiliency) and inform treatment planning. In addition, the intern will collaborate on a daily basis with the classroom teachers and nursing staff, attend daily team rounds, and participate in weekly psychosocial rounds to provide comprehensive, multidisciplinary care in an alternative school setting.

Oncology - Supervisor: Bob Casey, PhD

- Overview: The psychology intern will have the opportunity to participate in a multi-disciplinary team dedicated to the psychosocial and emotional care of children and their families who are treated in the Center for Cancer and Blood Disorders (CCBD). Patients include those actively being treated for cancer and hematologic disorders, as well as cancer survivors. Clinical opportunities for the psychology intern will include initial psychological assessments, shadowing of CCBD clinicians, and participation in medical rounds and specific team meetings (e.g. Bone Marrow Transplant, Leukemia, Solid Tumor). The ability to provide ongoing psychotherapy to specific patients/families will depend on scheduling. The goals of this placement include: becoming familiar with specific medical information related to pediatric oncology and hematology, observing the coordination of services provided by a large multi-disciplinary team (psychology, social work, child life, art therapy, chaplaincy, acupuncture, and resource support), and identifying basic challenges encountered by a family with a seriously ill child and associated interventions.

Solid Organ Transplant - Supervisor: Elizabeth Christofferson, PhD

- Overview: The psychology intern will have the opportunity to complete pre-transplant psychological evaluations for children undergoing evaluation for heart, liver, or kidney transplantation. All children, adolescents, and families meet with psychology during the transplant evaluation process on either an inpatient or outpatient basis. The evaluation includes an assessment of family functioning, adjustment, and mood—factors that impact a child's ability to cope with a solid organ transplant. Many children, adolescents, and families continue to meet with psychology throughout the transplant process; the psychology intern has the opportunity to complete short-term treatment during their rotation. The intern will see children during hospitalizations and during their outpatient medical clinic visits. The psychology intern has the opportunity to meet with children to help them adjust to new treatments or medical illnesses. The psychology intern also works with children and adolescents on treatment adherence, coping with procedure-related distress, and providing support around managing emotional reactions to their health conditions.

GI Clinic - Supervisors: Christine Reinhard, PhD, Catherine Naclerio, PsyD, Monique Germone, PhD, BCBA, & Julie Rinaldi, PhD

- Overview: Interns will participate in the interdisciplinary Neurogastroenterology/Motility, Inflammatory Bowel Disease, and Celiac Disease Clinics. Children and families are seen for evaluation of: coping with illness, symptom management (pain, nausea, vomiting, sleep, and defecation disorders), implementation and adherence to lifestyle and medical recommendations that are central to treatment of these disorders, as well as psychiatric comorbidity. The interdisciplinary teams include physicians, nurses,

dietitians, physical therapy, and social. The intern will conduct health and behavior assessments and provide treatment to children and adolescents seen in the outpatient clinics. Treatment is problem focused and short term using evidenced based/ informed approaches including BT, CBT, and ACT.

Heart Institute - Supervisor: Sarah Kelly, PsyD

- Overview: Interns will have the opportunity to work with patients and families seen in cardiology, from infancy through young adulthood, across interdisciplinary teams that include cardiologists, advanced practice providers, nurses, surgeons, social workers, and child life specialists. Depending on the intern's training goals, the intern may meet with patients with complex congenital heart disease, cardiomyopathy/heart failure, arrhythmias or electrophysiology devices, pulmonary hypertension, pre/post-surgery, and hypertension/hyperlipidemia. Common referral issues for psychology include child and family coping with a chronic, life-limiting condition, mood and anxiety difficulties, social challenges, neurodevelopmental and school problems, adjusting to the impact of disease on quality of life, health-promoting behaviors, adherence to medical regimen, and transition to adult cardiac care. Clinical experience will include biopsychosocial assessment, consultation, and short-term interventions.

Sleep Clinic – Supervisors: Stacey Simon, PhD & Katherine Wesley, PhD

- Overview: Opportunities for the psychology intern will include performing behavioral sleep evaluations and treatments for infant, child, and adolescent sleep problems. Typical presenting problems include insomnia, independent sleep difficulties, bedtime resistance, circadian rhythm sleep disorders, parasomnias, and desensitization to CPAP therapy for youth with obstructive sleep apnea. Patients and families are typically referred to the behavioral sleep clinic by their primary care physician or have been seen previously in the medical sleep clinic and referred internally. Evaluations include an assessment of sleep environment, bedtime routines, sleep duration and timing, as well as querying other factors that may impact a child's sleep such as school functioning and mood, and rule out of organic sleep disorders. Clinical measures including sleep diary, actigraphy (objective sleep/wake monitoring), and paper-pencil questionnaires will also be incorporated. The intern will gain an understanding of normal sleep development, become familiar with pediatric behavioral sleep disorders, obtain a basic understanding of common organic sleep disorders, and gain knowledge of and apply empirically supported behavioral treatments for sleep disorders.

Headache Clinic- Supervisor: Michelle Clementi, PhD

- Overview: Interns will have the opportunity to work on multidisciplinary teams (physicians, nurses, dietitians, physical therapists) with children and adolescents diagnosed with headache disorders. Common referral issues for psychology include addressing pain management, anxiety/mood concerns, sleep issues, adherence to healthy lifestyle recommendations (hydration, diet, exercise), school and social challenges, and quality of life in the context of chronic headache/migraine. Interns will have the opportunity to conduct health and behavior evaluations and provide short-term intervention/consultation focused on pain coping. There may also be an opportunity to co-facilitate support groups for caregivers of teens with chronic migraine. Interns will gain knowledge of and apply evidence-based recommendations for acute versus chronic pain management.

Pediatric Neurorehabilitation: Assessment & Treatment

Leadership within the Rotation

- Tess Simpson, Ph.D.: Training Co-Director, Neurorehabilitation Psychology
- Ann Lantagne, Ph.D.: Training Co-Director, Neurorehabilitation Psychology
- Alison Colbert, Ph.D., ABPP-CN
- Mike Kirkwood, Ph.D., ABPP-CN
- Amy Connery, Psy.D., ABPP-CN



- David Baker, Ph.D., ABPP-CN
- Sarah Tlustos-Carter, Ph.D., ABPP-CN
- Christine Petranovich, Ph.D.

The Pediatric Neurorehabilitation program at the Children’s Hospital Colorado offers a variety of intervention, assessment and consultative services to children and adolescents within the Department of Rehabilitation Medicine. Our program is designed to prepare applicants for post-doctoral fellowship in rehabilitation psychology, pediatric psychology, and/or neuropsychology. Our program strives to provide comprehensive care to pediatric patients and families related to a wide range of biopsychosocial factors that may affect coping and adjustment to long-standing or newly acquired physical illnesses and/or injuries. Psychologists and supervised trainees provide integrated care to children and families in both inpatient and outpatient multidisciplinary settings.

Multidisciplinary teams in the Department of Rehabilitation Medicine include medical physicians, rehabilitation psychologists/neuropsychologists, social workers, speech therapists, academic specialists, occupational therapists, physical therapists, and other professionals. Treatment is tailored to the individual needs of children whose diagnoses may include mild to severe Traumatic brain injury (TBI), stroke, encephalitis, spinal cord injury, spina bifida, amputation, cerebral palsy, as well as other neurodevelopmental disorders.

The intern will have the opportunity to participate in a variety of multidisciplinary specialty assessment clinics based on the intern’s training goals and schedule. Those clinic opportunities include the Non-Accidental Brain Injury Care Clinic (NABICC), International Adoption Clinic (IAC), and Acquired Brain Injury Care Clinic (ABICC). These specialty clinics offer multidisciplinary evaluations for children from infancy through early adulthood. NABICC is a multidisciplinary clinic which focuses on evaluating young children (birth to 3) who have sustained a brain injury due to physical abuse. NABICC providers follow this patient population from the time of their hospital discharge through early childhood. Interns will participate in abbreviated developmental assessments through the IAC with children who have been adopted internationally. ABICC is a multidisciplinary clinic focused on serving children and families with newly acquired brain injuries. Finally, interns will conduct abbreviated neuropsychological consultations in the complex concussion clinic under the supervision of a clinical neuropsychologist.

The intern will gain competence in providing health and behavior assessment and intervention to pediatric patients with rehabilitation-related diagnoses. The Neurotrauma/Rehabilitation Inpatient Unit provides the intern with the opportunity to work with families in a short-term therapy model focused on improving functioning and assisting with adjustment following acute or chronic medical injuries or illness.

Weekly supervision for both assessment and treatment is an essential element of the Pediatric Neurorehabilitation Internship Program. Interns will be supervised by rehabilitation psychologists and neuropsychologists in both an individual and group supervision format.

Primary Care Psychology

Leadership within the rotation:

Project CLIMB in Child Health Clinic:

- Ayelet Talmi, PhD (Program Director)
- Melissa Buchholz, PsyD
- Kelly Glaze, PsyD
- Jessica Kenny, PhD

Young Mothers Clinic:

- Bethany Ashby, PsyD (Program Director)
- Amelia Ehmer, PsyD

Description of the rotation:

Project CLIMB (Consultation Liaison in Mental Health and Behavior) is a collaborative effort between the Department of Pediatrics, the Pediatric Mental Health Institute and the Child Health Clinic at Children's Hospital Colorado. Project CLIMB provides integrated behavioral health services in the context of a residency training pediatric primary care clinic. The program aims to facilitate early identification and treatment of mental health and behavioral issues within a pediatric primary care setting, increase access to mental health services in an underserved population, and train health professionals in meeting the mental and behavioral health needs of children. Project CLIMB is staffed by a transdisciplinary team that includes psychologists, psychiatrists, pediatricians, postdoctoral fellows, psychology interns, pediatric residents, other health profession trainees, and staff from the Child Health Clinic. The team provides developmental interventions, diagnostic assessments, medication evaluations, staff consultation and training, psychosocial and behavioral group and individual interventions, short-term therapy, and recommendations for treatment of infants, children and adolescents. The clinic provides more than 32,000 primary care visits to children aged birth through 18 each year. Nearly 85% of children seen in clinic are publicly insured. The clinic serves a diverse population of children and families from the neighboring communities including a large Spanish speaking population and refugee communities from around the world.

Interns may also have the opportunity to participate in the **KICS (Kids in Care Settings) Clinic**. The KICS clinic is embedded within the Child Health Clinic and serves as a medical home for all children aged 0-18 involved with child welfare. It also serves as a preferred medical home for substance exposed newborns born at the University of Colorado Hospital. The clinic has a multidisciplinary team including integrated mental and behavioral health, care coordination, community health navigation, social work, and behavioral health navigation. The clinic strives to be trauma-informed, culturally responsive, eager to engage biologic families as well as foster and kinship families, and committed to health equity.

The Young Mothers Clinic (YMC) is a pediatric primary care clinic that serves adolescent mothers up to age 25 and their children. The program provides comprehensive multidisciplinary care, which includes social work, case management, resource connection and support, and integrated behavioral health services, in addition to pediatric and well-woman care and family planning services. YMC sees approximately 1,500 adolescent mothers and their children each year and provides approximately 7,000 visits. YMC is a subsection of the Department of Pediatrics at Children's Hospital Colorado and the behavioral health program is a collaboration between the Department of Pediatrics and the Pediatric Mental Health Institute. Behavioral health services offered include staff consultation; developmental, psychosocial and mental health assessment; medication evaluation and management; psychosocial group interventions; and individual, couple, and family psychotherapy. The multidisciplinary behavioral health team is composed of psychology and psychiatry faculty, as well as social work staff, along with trainees from each of these disciplines. The YMC patient population is composed of urban, low income, and racially diverse young women and their children, and nearly 90% are publicly insured. Patients are drawn from the surrounding communities, primarily Aurora and Denver.

Pediatric Mental Health Institute Outpatient Rotation

Supervisors within rotation

- Jenna Glover, Ph.D.
- Jessica Hawks, Ph.D.
- Jacob Holzman, Ph.D.
- Sarah Kennedy, Ph.D.
- Matthew Luehring, Ph.D.
- Ben Mullin, Ph.D.
- Marissa Nunes Moreno, Ph.D.
- Amanda Trovato, Psy.D.



Description of the rotation:

Interns will have the opportunity to provide evidence-based assessment and treatment to patients and families in the PMHI outpatient clinic throughout their training year. Children present to the PMHI outpatient clinic with a wide variety of presenting problems including behavior problems, anxiety, depression, trauma, and difficulties coping with comorbid medical conditions. Interns will be trained in innovative assessment approaches that incorporate transdiagnostic assessment principles as well as gain experience doing gender focused intakes. Opportunities to engage patients and families in treatment will include individual, family, and group-based therapies. Evidence-based approaches used in the PMHI outpatient clinic include behavior therapy, CBT, ACT, DBT, Motivational Interviewing, and Transdiagnostic interventions. Interns receive weekly supervision by a licensed psychologist as well as live supervision and biweekly case conferences during the Transdiagnostic Assessment training clinic to enhance skill development. Interns also have the opportunity to provide umbrella supervision to an extern throughout the training year.

