

Pediatric Mental Health Institute
Psychology
Internship Training
Program in Child
Health Service
Psychology

2021-2022

Authored by Jenna Glover, PhD

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Children's Hospital
Colorado



Psychology Internship Training Program in Child Health Service Psychology

2021-2022

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Children's Hospital Colorado offers six doctoral psychology internships in Health Service Psychology. The program is designed as a full-time 12-month program beginning June 2021 and ending June 2022. Mandatory orientation will be the first two weeks of Internship. Interns will receive a salary of \$26,275 as well as holiday, vacation, sick, and professional leave. Employee health, dental, and vision benefits are also provided. Proof of malpractice coverage must be provided by the intern's training institution or by the intern. The internship is accredited by the American Psychological Association (<http://www.apa.org/ed/accreditation/>) and the program is a member of the Association of Psychology Postdoctoral and Internship Centers (www.appic.org).

For Questions Related to Accreditation Contact:

Office of Program Consultation and Accreditation
750 First Street, NE
Washington DC 20002-4242
202-336-5979
202-336-6123 (TDD/TTY)
202-336-5978 (fax)
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apaaccred@apa.org

Requirements for Admission

The training program is committed to the recruitment of culturally and ethnically diverse interns. We encourage inquiries and applications from all qualified individuals. The Children's Hospital Colorado Psychology Internship Program does not discriminate on the basis of race, color, religion, national origin, sex, age, disability, or any other status protected by law or regulation. It is our intention that all qualified applicants be given equal opportunity and that selection decisions be based on job-related factors. Applications will be accepted from doctoral candidates who are currently enrolled in an APA or CPA accredited PhD or PsyD program in Clinical, Counseling, or School Psychology. Candidates are expected to have had sufficient training and experience in Child Clinical Psychology to be able to gain maximum benefit from the experiences offered.

Prior to application all applicants are expected to have completed the following training experiences:

- In your cover letter please include a brief summary of how COVID-19 impacted your training, the number of hours you lost, and how you were able to continue your training outside of clinical hours.
- Accepted into doctoral candidacy and completed dissertation proposal approval process.
- Completed at least three years of practicum/field placement or work experience, which includes a minimum of 500 hours direct clinical assessment and intervention hours combined (preference given to applicants with youth 0-18 years old and families).
- Completed at least five child and/or adolescent integrated psychological testing reports.
- If you have fewer than 500 hours or 5 integrated reports please direct your Director of Training to e-mail our training director with an explanation of your circumstances and why you should be considered for our internship. Our training director's contact information is: jenna.glover@childrenscolorado.org.

All applicants must use the APPIC AAPI on-line (www.appic.org). A completed application consists of the following materials:

1. Cover letter that includes:
 - A brief summary of how COVID-19 impacted your training and the number of hours lost due to COVID-19



- Your order of interest in pediatric specialty rotations (**maximum of three rotations**). Please also note this when designating/submitting your application in the AAPI Online system.
2. A current Curriculum Vitae.
 3. Three letters of recommendation, two of which must be from persons who have directly supervised your clinical work. Please submit only three letters
 4. One complete psychological testing report (a child or adolescent client). **Please delete all identifying information from the report (must be uploaded as supplemental materials).**
 5. Official transcripts of all graduate coursework.
 6. Because our program is strongly committed to diversity please specifically discuss your experiences and commitment to diversity in Essay #3.

It is the candidate's responsibility to make arrangements with the recommending persons and transcript offices such that all materials are received by the application deadline.

At the time of application, candidates state their pediatric specialty track preferences. Applicants have the potential to be interviewed for up to three tracks to which they apply, but applicants will match with only one track. Completed applications must be received by November 2, 2020. Interview dates for selected applicants are January 4th, 8th, 11th, and 15th of 2021. All applicants will be informed of our interview decisions by email by the APPIC notification deadline.

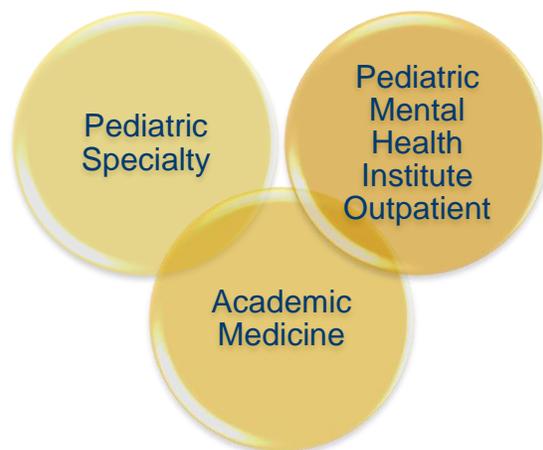
Children's Hospital Colorado participates in the APPIC Computer Match Program. **Our program code match numbers are specific to the pediatric specialty track choices.** The program codes are:

117111	Child and Adolescent Clinical Specialty
117112	Neuropsychology
117113	Pediatric Health Psychology
117116	Pediatric Neurorehabilitation: Assesment & Treatment
117117	Primary Care Psychology
117118	Developmental Pediatric Psychology

Any questions or concerns can be directed to our Operations Coordinator, Ms. Dianna Torgerson at Dianna.Torgerson@childrenscolorado.org, or our Training Director, Dr. Jenna Glover at Jenna.Glover@childrenscolorado.org.

Description of the Required Program Elements

The program consist of three rotations described below:



Clinical Rotations:

- Pediatric Specialty Rotation (intern will match on only one specialty track, but may apply to a maximum of 3 tracks) - (12 months, 20 hours/week dedicated clinical)
 - Child and Adolescent Clinical Specialty
 - Neuropsychology
 - Pediatric Health Subspecialty
 - Developmental Pediatric Psychology
 - Pediatric Neurorehabilitation: Assessment & Treatment
 - Primary Care Psychology
- Pediatric Mental Health Institute Outpatient Rotation - (12 months, 10 hours /week)
 - Transdiagnostic Therapeutic Assessment Clinic
 - Outpatient Psychotherapy: individual and family therapy
 - Group Therapy in Anxiety Disorders (CBT/ACT), Mood Disorder (DBT)s, and Disruptive Behaviors (CBT/Unified Protocol)

Academic Medicine Rotations

- Supervision - (12 months, 1-2 hours/week)
 - Interns will supervise a doctoral extern on 1-3 outpatient clinical cases. Interns will also participate in a monthly group supervision of supervision course
- Research Rotation - (12 months, 4 hours/week)
 - Interns are given 4 hours of dedicated research time to complete a scholarly product. Interns are paired with a research mentor who has an ongoing research project to complete this requirement. There is funding available for interns to present their research findings at a local, regional, or national conference.
- Didactic Seminars
 - Didactic seminars are held weekly and include a variety of topics covering assessment, diversity, pediatric behavioral medicine, professionalism, academic medical research, and supervision of supervision. Some seminars exclusively include psychology interns, and some include child psychiatry residents (first and second year) to facilitate interdisciplinary training.

Pediatric Specialty Rotation Descriptions

Child and Adolescent Clinical Specialist

Leadership within rotation

- Monique Germone, PhD, BCBA - Child & Adolescent Clinical Specialty Rotation Training Co-Director
- Alex Ament, PhD - Child & Adolescent Clinical Specialty Rotation Training Co-Director

Supervisors

Direct supervision is provided by the experienced Licensed Psychologists in our group of 11 Psychologists across the intensive services and outpatient settings.

Description of the rotation

This specialty track is 20 hours per week. It consists of three, 4-month rotations for 14 hours per week in the intensive psychiatric care setting, and one, 12-month rotation in the outpatient psychiatric care setting for 6 hours



per week. The goal of this specialty track is to help the intern develop competency skills necessary for working in various levels of care within a psychiatry department in an academic medical center.

Location within the Hospital: The intern will provide clinical intervention, consultation, and assessment on inpatient psychiatric floors and clinical intervention in outpatient mental health clinics located in the Pediatric Mental Health Institute (PMHI) at Children’s Hospital Colorado.

Patient Population Served: Patients range in age from early childhood to young adults with both acute and chronic psychiatric concerns.

Description of the Experiences

An intern will rank their preference for the experiences in the intensive services rotation and experiences in the outpatient services rotation from the options listed below. The intern will participate in a total of 3 intensive service rotations and 1 outpatient service rotation for the year.

While efforts will be made to accommodate the intern’s top choices and address each trainee’s goals, rotations will be available dependent upon availability of supervisors and scheduling considerations for the given internship year.

Intensive Services Rotation

The intern will select 3 experiences from the following to complete over the course of the year:

Neuropsychiatric Specialty Care (NSC) - Supervisor: Alex Ament, PhD

The intern will have opportunities to work with youth ages 4 through 17 with developmental disabilities and co-occurring severe disruptive behavior and/or mental health concerns in both the inpatient and partial-hospitalization program (PHP). Treatment is primarily based on applied behavior analysis (ABA), which will give the intern experience in administering preference assessments and functional analyses, as well as developing and implementing individualized behavioral treatment plans (e.g., functional communication training). Interns will also have opportunities to co-facilitate individual sessions and groups focusing on cognitive-behavior therapy (CBT), parent training, and social skills. Opportunities may also be available to contribute to NSC research, quality-improvement projects, and administer and interpret standardized cognitive and autism-specific assessments.

Intensive Psychiatric Unit (IPU) - Supervisor: Patrick Romani, PhD, BCBA-D

Interns will have the opportunity to conduct psychological and safety assessments with youth admitted to an inpatient program for crisis stabilization. In addition, interns will be able to work on a multidisciplinary team to develop behavior management programs and deliver Dialectical Behavior Therapy (DBT) groups to the patients.

Partial Hospitalization Program (PHP) - Supervisor: Jessica Hawks, PhD

Interns will have opportunities to work with psychiatrically acute patients in a variety of roles in the teen PHP program, which is a 2-3 week program for teens ages 12-17 receiving stabilization and treatment for severe anxiety, school refusal, depression, suicidal thoughts and behavior, and/or behavioral challenges. Treatment is provided using a transdiagnostic model based on the Unified Protocol for Adolescents. Opportunities may include co-facilitating skills groups, observing creative arts therapy groups, and meeting with patients one-on-one for individual sessions and consultations. Interns will also co-facilitate a virtual transdiagnostic parent group with a supervising psychologist.

Anxiety Intensive Outpatient Program (AIOP) - Supervisor: Ben Mullin, PhD

The intern will be involved in co-facilitating group therapy sessions with children and adolescents and their families participating in the Anxiety Intensive Outpatient Program (AIOP), a 6-week intensive program for youth with severe anxiety disorders or obsessive-compulsive disorder. This program focuses on exposure with response prevention, cognitive-behavioral and ACT modalities. Supervision is developmental, with opportunities to shadow, co-facilitate, then lead sessions with the supervising psychologist and behavioral health clinicians. Opportunities

may also be available for contributing to program development, outcomes monitoring and other QI research, and participating in team meetings.

Eating Disorders Unit (EDU) - Supervisor: Kim Sheffield, PhD

The Eating Disorders Program (EDU) is a partial hospitalization program serving up to 16 patients. The multi-disciplinary team consists of adolescent medicine physicians, psychiatrists, psychologists, social workers, dietitians, nurses, and behavioral health specialists in addition to trainees from every discipline. Patients served are male and female, ages 6-18. There is a distinct track of the program for children 12 and younger specially tailored for the needs of these young children with eating disorders. Patients have a primary diagnosis of Anorexia Nervosa, Bulimia Nervosa, Avoidant-Restricted Food Intake Disorder (ARFID) or Other Specified Feeding or Eating Disorder (OSFED). Patients may also have a number of comorbid conditions including (but not limited to) Depression, Anxiety, OCD, and PTSD. Primary treatment modality is derived from Family Based Treatment (FBT) and involves family members at every level of care. In addition to standard family-based treatment interventions, families receive skills related to behavior coaching and emotion coaching/support through Emotion Focused Family Therapy (EFFT). Treatment consists of a variety of interventions including individual, family, and group therapies; cognitive skills-based psychoeducation and therapy (such as ACT, DBT, CBT & motivational enhancement); psychiatric intervention; medical monitoring and support; nutrition/meal support; and behavioral interventions. Clinical opportunities include completion of brief psychological assessments, individual/family therapy, and group therapy. Interns also have the opportunity to be involved in ongoing program development.

Outpatient Services Rotation

The intern will select 1 experience from the following to complete during the training year:

Certification in:

Unified Protocol (UP) - Supervisors: Sarah Kennedy, PhD

Interns selecting this rotation will have opportunities to obtain intensive training and supervision in providing treatment with the Unified Protocols for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents (UP-C/UP-A). The UP-C and UP-A are transdiagnostic interventions for children and adolescents, respectively, that address core dysfunctions maintaining emotional disorders rather than addressing symptoms of specific diagnoses. As part of this rotation, the intern will have an opportunity to achieve therapist certification in the UP-C and/or UP-A by participating in a comprehensive training and seeing at least one case from start to finish under the supervision of a certified trainer, while meeting certain adherence requirements. Depending on the supervisor, the intern may also have opportunities to participate in a grant-funded clinical research pilot study examining methods of sequencing intervention components, a clinical research study examining outcomes of an adaptation of the UP-C for pediatric irritability, or other clinical research projects related to the UP-C and UP-A.

Parent-Child Interaction Therapy (PCIT) - Supervisor: Jake Holzman, PhD

The intern choosing this rotation will have the opportunity to acquire intensive training in Parent-Child Interaction Therapy (PCIT) - an intensive intervention empirically supported for addressing behavioral concerns, emotion dysregulation, and trauma-related concerns in young children. PCIT training will be provided such that certification in this modality could be achieved. Additionally, the intern could take part in research activities that are integrated within PCIT clinical activities examining the role of parental emotion regulation and executive functions on treatment outcomes. These opportunities will take place within the Outpatient Health Pavilion which offers services to traditionally underserved families of diverse backgrounds.

Specialized focus in:

Dialectical Behavior Therapy (DBT) - Supervisors: Kim Sheffield, PhD; Jenna Glover, PhD

The intern will learn the protocol for Dialectic Behavior Therapy and caseload will focus primarily on working with teens with mood disorders, impulsivity concerns, emotion dysregulation, and interpersonal problems. Ideally, the



intern will work on supporting teens who are currently participating in DBT group therapy and provide complimentary individual therapy and weekly coaching calls in alignment with the DBT model.

Parent Management Training (PMT) - Supervisor: Jessica Hawks, PhD

On the externalizing disorders/Parent Management Training rotation, interns will have the opportunity to provide evidence based individual and group-based treatment to parents and patients with disruptive behaviors. This will include a primary focus on becoming well-versed in flexible application of parent management training strategies to a variety of presenting problems and ages. Interns will develop competencies in providing psychoeducation, modeling, and coaching skills related to this therapeutic modality. This will be achieved, in part, through developing mastery of appropriate and effective use of clinical assessment skills to inform a robust case conceptualization and treatment plan. There will also be opportunities to gain exposure to innovative approaches to working with this patient population, including effective use of parent and patient-focused exposures. Depending on availability, the intern may also be able to participate in clinical research related to the transdiagnostic approach to the treatment of irritable and disruptive youth.

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) - Supervisor: Ben Mullin, PhD

The intern will learn about the TF-CBT model and will carry a small individual caseload focused on children and adolescents with significant post-traumatic symptoms. The intern will especially benefit from exposure to the most unique aspect of TF-CBT: the construction of trauma narratives. The intern will receive weekly supervision focused on case conceptualization, managing safety and ethical considerations, and skill development consistent with the TF-CBT model.

Specialized focus in Evidence-Based Practices for:

Neurodevelopmental Disabilities - Supervisors: Julia Barnes, PhD, BCBA; Monique Germone, PhD, BCBA; Alex Ament, PhD

The intern will focus on patients with Neurodevelopmental Disabilities (NDD), including (but not limited to) Autism Spectrum Disorder (ASD), Intellectual Disability, and Attention-Deficit Hyperactivity Disorder (ADHD). Experiences will include learning and applying Applied Behavior Analysis (ABA), modified Cognitive Behavioral Therapy (CBT), and other evidence-based approaches for the NDD population - as appropriate to each case. For interns in the process of completing BACB-approved coursework toward board certification in behavior analysis (BCBA), supervised experience and supervision hours towards BCBA certification requirements can be offered as part of this rotation at the discretion of supervisors.

Eating Disorders - Supervisor: Kim Sheffield, PhD

The intern will learn the Family-Based Treatment protocol for managing Anorexia Nervosa and other eating disorders in an outpatient setting. Interns would have the opportunity to see both stepdown cases from the Eating Disorders Program Day Treatment and direct to outpatient admissions when possible. Interns would be supervised in care coordination with dietitians, PCPs, and other care providers when indicated.

Anxiety Disorders - Supervisor: Ben Mullin, PhD

The intern will take on a small individual caseload of children and adolescents with OCD or primary anxiety disorders. The goal for this rotation is for the intern to develop expertise in case conceptualization related to chronic anxiety, and the effective implementation of exposure with response prevention. The intern will learn about both traditional CBT approaches to anxiety, as well as more recent adaptations including ACT. The intern will take on patients from the general outpatient clinic, as well as more acute patients who are stepping down from the Anxiety Intensive Outpatient Program.

Developmental Pediatric Psychology

Leadership within rotation

- Training Director - Elizabeth Griffith, PhD
- Associate Director - Rebecca Wilson, PsyD
- Committee Members - Caitlin Walsh, PhD & Liz Coan, PsyD

Supervisors

Direct supervision is provided by the experienced Licensed Psychologists in our group of 20 Psychologists.

Description of the rotation

The Section of Developmental Pediatrics in the Department of Pediatrics focuses on a variety of Neurodevelopmental Disorders with an emphasis on evidence-based assessment and treatment of autism spectrum disorders. Located within Children's Hospital Colorado, outpatient clinics in Developmental Pediatrics are dynamic interdisciplinary experiences with psychologists, physicians, and allied health professionals working closely together with patients and their families.

The Developmental Pediatric Psychology Track is 16-20 hours/week for a full year. The training model follows a developmental trajectory of assessment and treatment opportunities. The intern begins the year in younger age clinics and over the course of the year works with older patients, becoming adept at clinical assessments and treatment across the developmental phases of childhood. Interns will achieve specialization in Autism Spectrum Disorder, Intellectual Disability, and genetic and other medical conditions associated with developmental disabilities. Assessment experiences for the intern also may include assessment and treatment of children with genetic disorders and specialty conditions (e.g. Sex Chromosome Disorders, Fragile X, and Deaf and Hard of Hearing). Interns may select from short-term targeted intervention opportunities (e.g. ABCs of Behavior Parent Training, Behavioral Sleep Clinic, Early Start Denver Model, Toileting Clinic, or Flex for Success group psychotherapy). A year-long mentor ensures that the intern's clinical experiences in Developmental Pediatrics align with their individualized training goals, while direct supervision is provided in each of the clinics by experienced Licensed Psychologists.

Neuropsychology

Leadership within the rotation

- Christa Hutaff-Lee, PhD, ABPP-Cn - Neuropsychology Neurology Rotation Training Director
- David Baker, PsyD, ABPP-Cn - Neuropsychology in Rehabilitation Rotation Training Director

Supervisors through Division of Neurology

- Gretchen Berrios-Siervo, Psy.D., ABPP-Cn
- Richard Boada, PhD, ABPP-Cn
- Lauren Haisley, PhD
- Christa Hutaff-Lee, PhD, ABPP-Cn
- Jennifer Janusz, PsyD, ABPP-Cn
- Arianna Martin, PsyD
- Andrea Miele, PhD
- Greta Wilkening, PsyD, ABPP-Cn
- Kelly Wolfe, PhD, ABPP-Cn



Supervisors through Department of Rehabilitation and Physical Medicine

- David Baker, PsyD, ABPP-Cn
- Amy Connery, PsyD, ABPP-Cn
- Michael Kirkwood, PhD, ABPP-Cn
- Robin Peterson, PhD, ABPP-Cn
- Christine Petranovich, PhD
- Sarah Tlustos-Carter, PhD, ABPP-Cn
- Alison Colbert, PhD

Description of rotation:

The focus of the Neuropsychology Rotation is specialized training in neuropsychological assessment with pediatric populations. This rotation is focused on preparing interns for postdoctoral training in pediatric neuropsychology and is geared towards applicants interested in pursuing a career in pediatric neuropsychology. The rotation is for 24 hours per week (20 hours clinical work; 4 hours research). The intern will work in the Division of Neurology for 6 months and the Department of Physical Medicine and Rehabilitation for 6 months. For both rotations, the intern will complete one neuropsychological evaluation and attend one inter-disciplinary clinic per week, with all activities conducted in close collaboration with their supervisor. The complete neuropsychological evaluation will include conducting the interview, selecting the test battery based on presenting problem, testing, scoring, and completing feedback sessions with parents/guardians. The goal of attending inter-disciplinary clinics is to learn brief, focused evaluation models, as well as gain skills in collaborating with physicians and other allied health professionals in assessing children and developing treatment plans. Faculty neuropsychologists are involved in the following inter-disciplinary clinics and the intern will attend certain clinics based on schedules: Concussion Clinic, Oncology-Hematology Long-Term Follow-Up Clinic, Stroke Clinic, Seizure Clinic (including evaluating children on the Epilepsy Monitoring Unit), Neuroimmunology Clinic, Single Ventricle Care Program, Neurofibromatosis Clinic, 22q11.2 Deletion Syndrome Clinic, Turner Syndrome Clinic, and Tuberous Sclerosis Clinic. Based on the qualifications of the intern and the availability of faculty, opportunities for conducting evaluations with bilingual/multicultural populations may also be available. Interns will also have the opportunity to attend seizure surgery conference and may be able to participate in Wada testing (sodium amytal testing) and cortical mapping. Opportunities to observe neurosurgery are also available. Patient populations served through Neurology: Genetic disorders (Neurofibromatosis Type 1; 22q11.2 deletion syndrome; Turner syndrome; Tuberous Sclerosis; sex chromosome aneuploidy), Metabolic disorders (PKU, SMA), Demyelinating/Neuroimmunology disorders, Cardiac conditions (congenital heart disease; heart transplantation), Epilepsy, including epilepsy surgery candidates, Stroke, Brain tumors, and Leukemia. Patient populations served through Rehabilitation: Concussion/ mild traumatic brain injury, Moderate to Severe traumatic brain injury, Spina bifida, Hydrocephalus, CNS infections, Cerebral palsy as well as Prematurity and Very low birth weight.

Pediatric Health Psychology

This specialty track consists of three, 4-month rotations for 16 hours per week, and one, 6-month rotation for 4 hours per week. The goal of this specialty track is to provide interns with a learning experience that offers breadth and depth of training across different pediatric psychology settings and populations. Interns will rank their preferences for rotations from the options listed below. While efforts will be made to accommodate the intern's top choices and address each trainee's goals, rotations will be available dependent upon availability of supervisors and scheduling considerations for the given internship year.

Location within the Hospital: Interns will provide clinical assessment, consultation, and intervention on inpatient medical floors and in outpatient medical clinics located in the Children's Hospital of Colorado (CHCO) and in the Pediatric Mental Health Institute (PMHI).

Patient Population Served: Patients range in age from infancy to young adults with medical and psychological concerns.

Description of the Experiences and Leadership of the Rotation

Consultation-Liaison (C/L) Service - Supervisor: Laura Judd-Glossy, PhD & Lauren Wood, PhD

Overview: The C/L Service is available to children and adolescents receiving inpatient medical care at CHCO. Consults are requested from a wide range of medical services (e.g., General Medical, Surgery, Gastroenterology, and Pulmonary) and typically include individual and family-focused assessment, consultation, and intervention. Referral concerns include adjustment/coping with chronic illness, medical adherence, quality of life, behavior problems, pain management, mental health concerns (e.g., depression, anxiety), trauma, mental status, delirium, and safety. Interns provide brief, short-term consultation/intervention services to patients and families and may provide ongoing psychotherapy for patients with longer hospital admissions. The C/L Service, which includes psychiatrists, psychologists, behavioral health clinicians, and psychiatry and psychology trainees, engages in multidisciplinary collaboration with medical professionals at CHCO (e.g., physicians, nurses, child life specialists, social workers, physical/occupational/speech-language/respiratory therapists), as well as outside of the hospital (e.g., community mental health agencies, schools). Interns attend daily C/L rounds as well as other multidisciplinary rounds and patient care conferences to assist with coordination of patient care.

Cystic Fibrosis (CF) Center - Supervisor: Emily Muther, PhD & Courtney Lynn, PhD

Overview: Interns will have the opportunity to work with patients diagnosed with CF, from infancy through young adulthood. Support and intervention will be provided in the outpatient CF Clinic as part of patient's routine CF care and during sick visits and on the medical floor during CF-related admissions. Interns will work collaboratively within the multidisciplinary team that includes pulmonologists, nurse practitioners, pharmacists, dietitians, physical therapists, respiratory therapists, nurses, and social workers. Common referral issues for psychology to address include grief and stress at the time of diagnosis, adjustment to diagnosis and coping with CF, medical adherence, mood difficulties, behavioral challenges, school and social challenges, coping with medical admissions, and coping with the impact of CF on quality of life. Interns will provide a range of clinical services, including brief consultation and assessment, longer-term psychotherapy, coping and parenting groups, and consultation within the larger community and with schools.

Medical Day Treatment Program - Supervisor: Jennifer Lindwall, PhD

Overview: Medical Day Treatment is a unique school housed at Children's Hospital Colorado that provides educational, medical, and psychotherapeutic support for children and adolescents with chronic medical issues who have difficulty attending a traditional school due. Youth present with a wide range of medical conditions (e.g., type 1 diabetes, cancer, seizure disorders, solid organ transplant, respiratory disorders, gastrointestinal conditions, sickle cell disease) and psychosocial difficulties (adjustment and coping with chronic medical diagnoses, depression, anxiety, learning disorders, cognitive impairment). The psychology intern will have opportunities to conduct initial evaluations, provide individual and family therapy, and will co-facilitate weekly group therapy. Treatment using CBT, ACT, mindfulness, behavioral therapy, and motivational interviewing principles typically focuses on improving medical adherence, coping with chronic illness, improving social skills, promoting academic progress, and decreasing anxiety and depressive symptoms that are often associated with medical illness. The intern will assist with administering, scoring, and interpreting self-report and parent-report measures that assess patient outcomes (including depression, anxiety, quality of life, and resiliency) and inform treatment planning. The intern will collaborate with the classroom teachers and nursing staff, attend daily team rounds, and participate in weekly psychosocial rounds to provide comprehensive, multidisciplinary care in this alternative school setting.

Oncology - Supervisor: Bob Casey, PhD

Overview: The psychology intern will have the opportunity to participate in a multi-disciplinary team dedicated to the psychosocial and emotional care of children and their families who are treated in the Center for Cancer and Blood Disorders (CCBD). Patients include those actively being treated for cancer and hematologic disorders, as well as cancer survivors. Clinical opportunities for the psychology intern will include initial psychological assessments, shadowing of CCBD clinicians, and participation in medical rounds and specific team meetings (e.g. Bone Marrow Transplant, Leukemia, Solid Tumor). The ability to provide ongoing psychotherapy to specific patients/families



will depend on scheduling. The goals of this placement include: becoming familiar with specific medical information related to pediatric oncology and hematology, observing the coordination of services provided by a large multi-disciplinary team (psychology, social work, child life, art therapy, chaplaincy, acupuncture, and resource support), and identifying basic challenges encountered by a family with a seriously ill child and associated interventions.

Solid Organ Transplant - Supervisors: Elizabeth Christofferson, PhD, Cindy Buchanan, PhD, & Catherine Naclerio, PsyD

Overview: The psychology intern will have the opportunity to complete pre-transplant psychological evaluations for children undergoing evaluation for heart, liver, or kidney transplantation. All children, adolescents, and families meet with psychology during the transplant evaluation process on either an inpatient or outpatient basis. The evaluation includes an assessment of family functioning, adjustment, and mood—factors that impact a child’s ability to cope with a solid organ transplant. Many children, adolescents, and families continue to meet with psychology throughout the transplant process; the psychology intern has the opportunity to complete short-term treatment during their rotation. The intern will see children during hospitalizations and during their outpatient medical clinic visits or dialysis treatment. The psychology intern has the opportunity to meet with children to help them adjust to new treatments or medical illnesses. The psychology intern also works with children and adolescents on treatment adherence, coping with procedure-related distress, and providing support around managing emotional reactions to their health conditions.

GI Clinic - Supervisors: Monique Germone, PhD, BCBA, Catherine Naclerio, Psy.D., & Christine Reinhard, PhD

Overview: Interns will participate in the interdisciplinary Neurogastroenterology/Motility, Inflammatory Bowel Disease, and Celiac Disease Clinics. Children and families are seen for evaluation of coping with illness, symptom management (pain, nausea, vomiting, sleep, and defecation disorders), implementation and adherence to lifestyle and medical recommendations that are central to treatment of these disorders, as well as psychiatric comorbidity. The interdisciplinary teams include physicians, nurses, dieticians, physical therapy, and social work. The intern will conduct health and behavior assessments and provide treatment to children and adolescents seen in the outpatient clinics. Treatment is problem focused and short term using evidenced based/ informed approaches including BT, CBT, and ACT.

Heart Institute - Supervisor: Sarah Kelly, PsyD

Overview: Interns will have the opportunity to work with patients and families seen in cardiology, from infancy through young adulthood, across interdisciplinary teams that include cardiologists, advanced practice providers, nurses, surgeons, social workers, and child life specialists. Depending on the intern’s training goals, the intern may meet with patients with complex congenital heart disease, cardiomyopathy/heart failure, arrhythmias or electrophysiology devices, pulmonary hypertension, pre/post-surgery, and hypertension. Common referral issues for psychology include child and family coping with a chronic, life-limiting condition, mood and anxiety difficulties, social challenges, neurodevelopmental and school problems, adjusting to the impact of disease on quality of life, health-promoting behaviors, adherence to medical regimen, and transition to adult cardiac care. Clinical experience will include biopsychosocial assessment, consultation, and short-term interventions in the cardiac inpatient units and outpatient clinics.

Sleep Clinic – Supervisors: Stacey Simon, PhD, DBSM, and Katherine Wesley, PhD

Overview: Opportunities for the psychology intern will include performing behavioral sleep evaluations and treatments for infant, child, and adolescent sleep problems. Typical presenting problems include insomnia, independent sleep difficulties, bedtime resistance, circadian rhythm sleep disorders, parasomnias, and desensitization to CPAP therapy for youth with obstructive sleep apnea. Patients and families are typically referred to the behavioral sleep clinic by their primary care physician or have been seen previously in the medical sleep clinic and referred internally. Evaluations include an assessment of sleep environment, bedtime routines, sleep duration and timing, as well as querying other factors that may impact a child’s sleep such as school functioning and mood, and rule out of organic sleep disorders. Clinical measures including sleep diary, actigraphy

(objective sleep/wake monitoring), and paper-pencil questionnaires will also be incorporated. The intern will gain an understanding of normal sleep development, become familiar with pediatric behavioral sleep disorders, obtain a basic understanding of common organic sleep disorders, and gain knowledge of and apply empirically supported behavioral treatments for sleep disorders.

Headache Clinic- Supervisor: Michelle Clementi, PhD

Overview: Interns will have the opportunity to work on multidisciplinary teams (physicians, nurses, dieticians, physical therapists) with children and adolescents diagnosed with headache disorders. Common referral issues for psychology include addressing pain management, anxiety/mood concerns, sleep issues, adherence to healthy lifestyle recommendations (hydration, diet, exercise), school and social challenges, and quality of life in the context of chronic headache/migraine. Interns will have the opportunity to conduct health and behavior evaluations, provide short-term intervention focused on pain coping, and/or co-facilitate a psychoeducational group for new patients with chronic migraine. Interns will gain knowledge of and apply evidence-based recommendations for acute versus chronic pain management. Opportunities for clinical program development are also available.

Pediatric Neurorehabilitation: Assessment and Treatment

Leadership within the Rotation

- Mike Kirkwood, Ph.D., ABPP-CN: Program Director, Rehabilitation Psychology and Neuropsychology
- Tess Simpson, Ph.D.: Training Director, Rehabilitation Psychology
- David Baker, Ph.D., ABPP-CN: Training Director, Neuropsychology in Rehabilitation
- Amy Connery, Psy.D., ABPP-CN
- Sarah Tlustos-Carter, Ph.D., ABPP-CN
- Christine Petranovich, Ph.D.
- Nicole Eberle, Ph.D., ABPP-CN
- Alison Colbert, Ph.D.

Description of rotation

Psychology interns who train in the Pediatric Neurorehabilitation Program through Department of Rehabilitation Medicine will have the opportunity to provide consultation, assessment and intervention services in outpatient and inpatient clinical settings. Treatment is tailored to the individual needs of children whose diagnoses may include: concussion, moderate to severe Traumatic brain injury (TBI), stroke, encephalitis, spinal cord injury, spina bifida, amputation, cerebral palsy, as well as other neurodevelopmental disorders. Inpatient responsibilities include family education and support, psychological consultation, cognitive and social skills training, neurocognitive assessment, treatment planning and care coordination with service providers, families and school teams. Outpatient responsibilities including multidisciplinary and abbreviated neuropsychological assessment with board certified neuropsychologists as well as outpatient health and behavior treatment including individual, family and groups for children and adolescents. The Rehabilitation Psychology intern will learn through several rotations each with a different targeted population. Patients served include those with a variety of rehabilitation needs, medical diagnoses, and diverse levels of functioning ages 0-24.



Primary Care Psychology

Leadership within the rotation:

Project CLIMB in Child Health Clinic:

- Ayelet Talmi, PhD* (Director)
- Alexandra Alfonso, PsyD
- Melissa Buchholz, PsyD*
- Lauren Chiaravalotti, PsyD
- Lisa Costello, PhD*
- Kelly Glaze, PsyD*
- Sadie Hasbrouck, PhD
- Catherine Wolcott, PhD*

Young Mothers Clinic:

- Bethany Ashby, PsyD* (Director)
- Amelia Ehmer, PsyD*
- Sadie Hasbrouck, PhD

*supervising psychologist

Description of the rotation:

Project CLIMB (Consultation Liaison in Mental Health and Behavior) is a collaborative effort between the Department of Pediatrics, the Pediatric Mental Health Institute and the Child Health Clinic at Children’s Hospital Colorado. Project CLIMB provides integrated behavioral health services in the context of a residency training pediatric primary care clinic. The program aims to facilitate early identification and treatment of mental health and behavioral issues within a pediatric primary care setting, increase access to mental health services in an underserved population, and train health professionals in meeting the mental and behavioral health needs of children. Project CLIMB is staffed by a transdisciplinary team that includes psychologists, psychiatrists, pediatricians, postdoctoral fellows, psychology interns, pediatric residents, other health profession trainees, and staff from the Child Health Clinic. The team provides developmental interventions, diagnostic assessments, medication evaluations, staff consultation and training, psychosocial and behavioral group and individual interventions, short-term therapy, and recommendations for treatment of infants, children and adolescents. The clinic provides more than 30,000 primary care visits to children aged birth through 18 each year. Nearly 85% of children seen in clinic are publicly insured. The clinic serves a diverse population of children and families from the neighboring community including a large Spanish-speaking population and refugee communities from around the world.

The Young Mothers Clinic (YMC) is a pediatric primary care clinic that serves adolescent mothers up to age 25 and their children. The program provides comprehensive multidisciplinary care, which includes social work, case management, family navigation/resource support, and integrated behavioral health services, in addition to pediatric care and well-woman and family planning services. YMC sees approximately 1,500 adolescent mothers and their children each year and provides approximately 7,000 visits. YMC is a subsection of the Department of Pediatrics at Children’s Hospital Colorado and the behavioral health program is a collaboration between the Department of Pediatrics and the Pediatric Mental Health Institute. Behavioral health services offered include staff consultation; developmental, psychosocial and mental health assessment; medication evaluation and management; psychosocial group interventions; and individual, couple, and family psychotherapy. The multidisciplinary behavioral health team is composed of psychology and psychiatry faculty, as well as social work staff, along with trainees from each of these disciplines. The YMC patient population is composed of urban, low income, and racially diverse young women and their children, and nearly 90% are publicly insured. Patients are drawn from the surrounding communities, primarily Aurora and Denver.

Pediatric Mental Health Institute Outpatient

Supervisors within rotation

- Laura Anthony, Ph.D.
- Monique Germone, Ph.D.
- Jenna Glover, Ph.D.
- Jessica Hawks, Ph.D.
- Sarah Kennedy, Ph.D.
- Ben Mullin, Ph.D.
- Jacob Holzman, Ph.D
- Alexandra Ament, Ph.d.

Description of the rotation:

Interns will have the opportunity to provide evidence-based assessment and treatment to patients and families in the PMHI outpatient clinic throughout their training year. Children present to the PMHI outpatient clinic with a wide variety of presenting problems including behavior problems, anxiety, depression, trauma, and difficulties coping with comorbid medical conditions. Interns will be trained in innovative assessment approaches that incorporate transdiagnostic and therapeutic assessment principles. Opportunities to engage patients and families in treatment will include individual, family, and group-based therapies. Evidence-based approaches used in the PMHI outpatient clinic include behavior therapy, CBT, ACT, DBT, Motivational Interviewing, and Transdiagnostic interventions. Interns receive weekly supervision by a licensed psychologist as well as live supervision and quarterly case conferences during the Transdiagnostic Therapeutic Assessment training clinic to enhance skill development. Interns also have the opportunity to provide umbrella supervision to an extern throughout the training year.



