In Care of Kids



AUVI-Q® (epinephrine injection, USP) for Anaphylaxis

These 2 videos showing how to prepare and give/use an AUVI-Q® injection:

- How to inject AUVI-Q® to yourself (4 minutes): bit.ly/3NX9r17
- How to give AUVI-Q[®] to infants and toddlers (4 minutes): bit.ly/3NX9r17

What is anaphylaxis?

Anaphylaxis (an-a-fi-LAK-sis) is a severe allergic reaction and can be life-threatening. When people come into contact with the things they are allergic to, such as certain foods or bee stings, they may have anaphylaxis. This type of reaction can last for a few minutes up to a few hours.

What is epinephrine?

Epinephrine (also called adrenaline) is a medicine used to treat anaphylaxis.

Epinephrine stops the anaphylaxis from getting worse. It works by lowering swelling, opening the airway to make it easier to breathe, and stabilizing blood pressure. Epinephrine is a life-saving medicine and is most effective if given at the first signs of anaphylaxis.

When to use AUVI-Q®

Epinephrine comes in a device called an auto-injector. It should be given if your child has any of these symptoms within 2 hours of exposure:

- 1 of these:
 - Unresponsive or altered level of consciousness (dizzy, fainting, or like you want to pass out)
 - Trouble breathing, wheezing, or a cough that won't go away
 - Trouble swallowing or throat tightness
 - Swelling of the tongue or lips
 - Hives, redness, or itching all over body
 - Throwing up two or more times, loose poop, severe stomach pain

OR

- 2 or more of these:
 - Congestion, sneezing, or runny nose that won't go away
 - Hives in only one area
 - Upset stomach, stomach pain or one episode of throwing up

AUVI-Q® Dose

Your doctor will prescribe 1 of the 3 AUVI-Q® devices based on your child's weight:







AUVI-q 0.1 mg For infants and toddlers 12 weighing 16.5 lbs to 33 lbs

AUVI-Q 0.15 mg For children¹² weighing 33 lbs to 66 lbs

AUVI-Q 0.3 mg For anyone12 weighing 66 lbs or more

It's important to always have both pens with you at all times. Because epinephrine doesn't last very long, you may need to give the second dose if there isn't any improvement, or if the reaction starts again.

How to use the AUVI-Q®

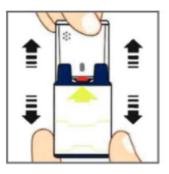
1. Pull the AUVI-Q® up from the outer case. Do not go to step 2 until you are ready to use the AUVI-Q[®]. At this step, you can put the device back in its case.

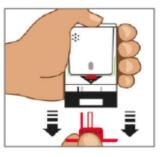
Once you take the AUVI-Q® out of the case, the device will start giving you instructions

If you don't need to use the device, **STOP** at this step.

Only start step 2 if you need to use AUVI-Q®.

2. Pull the red safety guard down and off the AUVI-Q[®]. Pull firmly Do not touch the black base of the auto-injector to lower the chance of accidently injecting too soon. If accidental injection happens, get medical help right away.

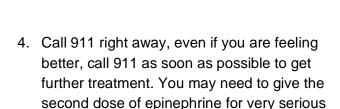




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- 3. Place the black end of the AUVI-Q® against the middle of the outer thigh. Push firmly until you hear a clicking or hissing sound and hold in place for 2 seconds. You can inject the epinephrine with the AUVI-Q® through clothing, just avoid seams if possible.
 - a. If you are giving the injection to a young child or baby, hold their leg firmly in place to avoid injury.







Helpful Tips

reactions.

- Practice using your trainer. Before practicing make sure you have the device marked "trainer" since they do look like the actual AuviQ[®].
- Refer to your anaphylaxis plan on how to treat an allergic reaction.
- Check the expiration date regularly or set reminders for when the AuviQ[®] is getting close to its expiration date so you can get a new prescription.

Side Effects

- Fast heart rate or chest pain
- Feeling restlessness or anxious
- Feeling shaky
- Upset stomach or throwing up
- Feeling dizzy
- Headache
- Sweating
- o Pain at the injection site