CAN A QUITLINE COACH CALL YOU TO HELP YOU QUIT?

Sign DELOW/ If That Is OK

| (Print Clearly) | | 1 | |
|---|---|-------------------------------|---------------|
| Your name (Last): | (First): | | |
| Date of Birth: | Gender: M | F | |
| I am ready to qui Initial contact me. | t tobacco and request that | the Colorado QuitLine | |
| I understand that the Co. participation and quitting | lorado QuitLine will inform r g results. | ny provider about my | |
| Participant signature: | | | |
| Date: | This release shall be valid | for one year after this date. | |
| Address: | | | |
| City: | CO Zip: | | 🕛 The C |
| Phone #1: | #2: | | |
| E-mail | | | The best thir |
| Best times to call: morningafternoon weekendevening | | is to quit small | |
| May we leave a message: Yes: No: | | | Always step |
| Language: English: Spanish: Other: | | | For more inf |
| Are you hearing impaired and need assistance? Yes: No: | | | and how the |
| Referral Information (Print Clearly) | | | RaiseSmokeF |

Children's Hospital Colorado | 13123 E. 16th Ave | Aurora, CO 80045 Contact the Breathing Institute | Phone: 720-777-6181 | Fax: 720-777-7283 Email: diane.herrick@childrenscolorado.org

We will fax this form to QuitLine for you. COLOBADO

Fax: 1-800-261-6259 Date: Phone: 800-QUIT-NOW 800-784-8669





ONE Step



ng you can do to protect your child oking. If you are not ready to quit, st thing is to take **ONE Step.** outside your home or car to smoke.

formation about the dangers of secondhand smoke ONE Step can help you protect your child, visit: FreeKids.com

THINK TWICE

Here are two more great reasons to take the ONE Step.

If you smoke around your child, your child will be:

- 1. Sick more often
- 2. More likely to START SMOKING





Confidentiality Notice: This facsimile contains confidential information. If you have received this in error, please notify the sender immediately by telephone and confidentially dispose of the material. Do not review, disclose, copy or distribute.

QuitLine Be tobacco free

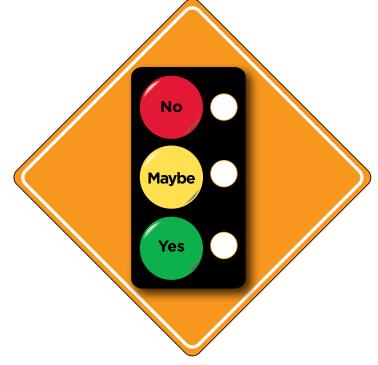
800-QUIT-NOW 800-784-8669

 NO cost to you
<u>FREE</u> nicotine patches
<u>FREE</u> personalized plan with a Quit Coach



READY TO QUIT SMOKING?

Check <u>one</u> of the circles below.



Please share this with your provider today.

