CAN A QUITLINE COACH CALL YOU TO HELP YOU QUIT?

Sign DELOW/ If That Is OK

(Print Clearly)		1	
Your name (Last):	(First):		
Date of Birth:	Gender: M	F	
I am ready to qui Initial contact me.	t tobacco and request that	the Colorado QuitLine	
I understand that the Co. participation and quitting	lorado QuitLine will inform r g results.	ny provider about my	
Participant signature:			
Date:	This release shall be valid	for one year after this date.	
Address:			
City:	CO Zip:		🕛 The C
Phone #1:	#2:		
E-mail			The best thir
Best times to call: morningafternoon weekendevening		is to quit small	
May we leave a message: Yes: No:			Always step
Language: English: Spanish: Other:			For more inf
Are you hearing impaired and need assistance? Yes: No:			and how the
Referral Information (Print Clearly)			RaiseSmokeF

Children's Hospital Colorado | 13123 E. 16th Ave | Aurora, CO 80045 Contact the Breathing Institute | Phone: 720-777-6181 | Fax: 720-777-7283 Email: diane.herrick@childrenscolorado.org

We will fax this form to QuitLine for you. COLOBADO

Fax: 1-800-261-6259 Date: Phone: 800-QUIT-NOW 800-784-8669





ONE Step



ng you can do to protect your child oking. If you are not ready to quit, st thing is to take **ONE Step.** outside your home or car to smoke.

formation about the dangers of secondhand smoke ONE Step can help you protect your child, visit: FreeKids.com

THINK TWICE

Here are two more great reasons to take the ONE Step.

If you smoke around your child, your child will be:

- 1. Sick more often
- 2. More likely to START SMOKING





Confidentiality Notice: This facsimile contains confidential information. If you have received this in error, please notify the sender immediately by telephone and confidentially dispose of the material. Do not review, disclose, copy or distribute.

QuitLine Be tobacco free

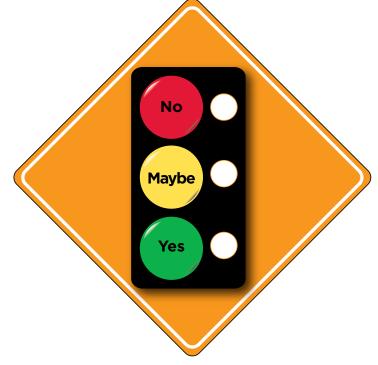
800-QUIT-NOW 800-784-8669

 NO cost to you
<u>FREE</u> nicotine patches
<u>FREE</u> personalized plan with a Quit Coach



READY TO QUIT SMOKING?

Check <u>one</u> of the circles below.



Please share this with your provider today.

