Knowing Your Medicines
What to know about your medicines?
- The name of your medicines
- The dose you take
- When to take each medicine
- What each medicine is used for
- Possible side-effects/interactions with other prescriptions or OTC medicines

Medicine allergies
Some medicines can cause allergies and bad reactions when you take them. If you have an allergy to any medicines, it’s important to write down what happened and tell your medical team.

How to read a medicine label

![Medicine label diagram]

Refilling a prescription
Your doctor may include refills with your prescription. Check the label to see how many refills have been given. Options on how to refill your prescription:
- Call the pharmacy: Call the phone number listed on the label. You’ll need to tell them the prescription (Rx) number on the medicine label. Talk to your pharmacist.
- Go to the pharmacy in person: Go to the pharmacy where you get your medicines and request a refill. You can wait to get your medicine or come back later to pick it up.
- Mail-Order: You can use a mail-order pharmacy that will ship your medicines to you.

Make sure you don’t run out of medicine! Pay attention to when you are running low on medicine and get your refill a month before your bottle runs out. Medications may require a prior authorization from your insurance and may take longer to refill. You may need to see your care team before getting a refill.