

Psychology Externship Training Program

Child Clinical Psychology Rotation (Anxiety and OCD Focus)

2024-2025

Children's Hospital Colorado offers a psychology externship training program in Child Clinical Psychology, based in the Colorado OCD and Anxiety Program (COAP). Clinical responsibilities are based in the CHCO Highlands Ranch Therapy Care network of care. Clinical responsibilities include: 3 therapy appointments per week, 1 diagnostic intake evaluation every 2-3 weeks, helping to staff both a weekly group therapy program and an intensive outpatient program (IOP) for children with anxiety or OCD. Additional group or intensive opportunities may be available (based at HRTC or on the main CHCO campus in Aurora). Externs have 2-3 hours of weekly individual and group supervision and 1-2 hour of weekly didactics. Weekly didactic training includes relevant topics in child clinical and pediatric psychology assessment and treatment. We seek diversity (broadly defined) in our externship training cohort, and the training program is committed to providing training experiences with diverse patient populations. We encourage inquiries and applications from all qualified individuals, please see requirements below.

Number of Positions: 2

Time Commitment: 15-20 hours per week (2, 8-10-hour days)

- Required - Wednesdays: 11 am - 7 pm
- Choice - Mondays or Thursdays: 8am-6pm
- Optional Extern Didactics - virtual Mondays 2-3 p.m.

Dates: June 24, 2024 - June 20, 2025

*Please note: MANDATORY ORIENTATION is held during the first two weeks of the externship. Block your schedule, accordingly, making arrangements with your academic program and personal calendar.

Requirements:

- be enrolled in at least the 3rd year of an APA-accredited Doctoral Program in Clinical, Counseling, Clinical Health, or School Psychology (must be at least a 2nd year at the time of application)
- have completed coursework in child and/or adolescent assessment and treatment
- have experience with child and/or adolescent assessment and treatment
- have proof of malpractice coverage: must be provided by the extern's training institution or by the extern prior to the start date
- be available to start the externship on June 24, 2024 and the following two weeks for MANDATORY ORIENTATION
- have completed the attestation form with signature

**Those applicants selected for externship will be subject to drug screening and criminal background checks (there may be associated costs so speak with your program as these fees are not covered by CHCO). Unacceptable results on the criminal background check or drug screening will result in dismissal from the program.

APPLICATION PROCEDURES

A completed application consists of the following materials:

1. Cover Letter
2. Curriculum Vitae
3. 2 letters of recommendation
4. Attestation of Professional Conduct
5. Extern Application Face sheet

Emailed by **February 1, 2024 at 5pm** to the following:

1. CHCO Psychology Training Program email
Email: CHCOPsychTrainingprogram@childrenscolorado.org
2. If you have questions please email Tamara Zangrilli, Operations Coordinator
Email: Tamara.Zangrilli@childrenscolorado.org

Recruitment Timeline

February 1, 2024 @ 5pm:	Application deadline (early submissions encouraged!)
February 6 - 20, 2024:	Interviews scheduled (early interviews available with early, complete submissions)
February 21 - March 1, 2024:	Positions offered, prompt confirmation of acceptance/declination requested

Supervision

The goal of supervision is to support the extern during exposure to new patient populations, assessment tools and intervention strategies, and to build feelings of competence and functional autonomy in areas of strength. Externs have 2-3 hours of weekly individual and group supervision. Additional supervision and consultation will be provided as needed. In addition, Spanish speaking externs are provided with Spanish supervision.

DUTIES OF PSYCHOLOGY TRAINEES

Psychology externs provide direct clinical care to children, adolescents, and families under the supervision of a licensed psychologist. Externs are expected to work part-time at 15-20 hours per week in order to gain both a range and depth of experiences. Expectations include conducting one intake evaluation every 2-3 weeks, carrying a caseload of 3 weekly outpatients, co-facilitation of group therapy, and co-facilitation of IOP group sessions. Externs are required to be at HRTC on Wednesdays from 2 pm to 7 pm to facilitate group therapy and provide after-school hours for therapy appointments. Other responsibilities on Wednesday can be completed virtually and include COAP Clinic meeting at 11 and supervision. The second day on campus is for the extern to choose (Monday or Thursday); however, a consistent second day on campus throughout the training commitment is preferred for continuity of training experiences. These duties are subject to change to meet the needs of the department and as training opportunities arise. Externs document all clinical contacts in the electronic medical record within 24 hours of contact, and their notes are co-signed by their supervisor. Externs must complete all hospital required background checks, training, and orientation activities.

Externship Components

Externs are exposed to a variety of treatment approaches, interventions, and modalities through instruction and observation to augment their previous clinical experiences. These training experiences are organized to provide direct clinical, assessment, and consultation experiences in child clinical and pediatric psychology.

1. Case and electronic medical record review
2. Initial intake assessment
3. Outpatient child, adolescent, or family psychotherapy and group therapy
4. Consultation to various areas throughout the hospital
5. Communication of data and recommendations for continued care or treatment
6. Didactics: lectures and exposure to issues relevant to clinical and pediatric psychology



Children's Hospital Colorado Department of Psychiatry and Behavioral Sciences
13123 E 16th Ave, B130, Aurora, CO 80045, 720-777-6200 | childrenscolorado.org

Children's Hospital Colorado complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. • ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-720-777-1234. • CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-720-777-1234.

Services provided

This externship placement provides students with the opportunity to work in a regionally and nationally prominent pediatric health care facility affiliated with the Anschutz Medical Campus and the Division of Child and Adolescent Psychiatry.

Type of clients served on this externship

Children and adolescents, ages 3-18, and their families served in Children's Hospital Colorado Department of Psychiatry and Behavioral Science. Patients are representative of the Denver Metropolitan Area related to diversity. Group and IOP experiences in this rotation are focused on children aged 7-12.

General Information:

Supervised by: Licensed Clinical Psychologists in the department of Child and Adolescent Psychiatry (Zuzanna Wojcieszak, PhD and Ciara Baumann, PhD)

Theoretical Orientation: Evidence-based treatment with a significant focus on Cognitive-Behavioral and Behavioral Treatment modalities, including Exposure and Response Prevention (ERP)

Supervision format: Individual; Group

Ratio of hours (supervision to clinical hours): 1:4

Number of psychology trainees on site: Currently 0, but we're hoping to grow our psychology training at Networks of Care in the coming years. Highlands Ranch Therapy Care hosts a wide range of training programs in allied disciplines, including social work, occupational therapy, speech and language pathology so there are opportunities for interdisciplinary exchange and collaboration.

Number of hours/week externs work for this rotation: 15-20

Pay: None currently



Children's Hospital Colorado Department of Psychiatry and Behavioral Sciences
13123 E 16th Ave, B130, Aurora, CO 80045, 720-777-6200 | childrenscolorado.org

Children's Hospital Colorado complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. • ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-720-777-1234. • CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-720-777-1234.