

# Psychology Externship Training Program

## Child Clinical Psychology Rotation – Colorado Springs

**2023-2024**

Children's Hospital Colorado offers a psychology externship training program in Child Clinical Psychology in Colorado Springs. Clinical responsibilities will include assessment, individual, group, and family therapy. Training opportunities may occur in a variety of settings and levels of care. Most notably CHCO recently opened Children's Colorado Therapy Care on Telstar. This marks the first time that the Pediatric Mental Health Institute is providing behavioral health care in Colorado Springs. Services at this location include individual and family therapy as well as partial hospitalization programming. Additional behavioral health services are also provided in the Emergency Department and on the medical floors at Children's Hospital Colorado, Colorado Springs. Externs have 2-3 hours of weekly individual and group supervision and 1 hour of weekly didactics. Weekly didactic training includes relevant topics in child clinical and pediatric psychology assessment and treatment. We seek diversity (broadly defined) in our externship training cohort, and the training program is committed to providing training experiences with diverse patient populations. We encourage inquiries and applications from all qualified individuals, please see requirements below.

**Number of Positions: 1-2**

**Time Commitment: 8-20 hours per week**

- Required - Monday (minimally, afternoons for didactics)
- Additional days at site to be determined post interview based on trainee goals and availability and training program needs.

**Dates: June 26, 2023 - June 21, 2024**

\*Please note: MANDATORY ORIENTATION is held during the first two weeks of the externship. Block your schedule, accordingly, making arrangements with your academic program and personal calendar.

### Requirements:

- be enrolled in at least the 3<sup>rd</sup> year of an APA-accredited Doctoral Program in Clinical, Counseling, Clinical Health, or School Psychology (must be at least a 2<sup>nd</sup> year at the time of application)
- have completed coursework in child and/or adolescent assessment and treatment
- have experience with child and/or adolescent assessment and treatment
- have proof of malpractice coverage: must be provided by the extern's training institution or by the extern prior to the start date
- be available to start the externship on June 26, 2023 and the following two weeks for MANDATORY ORIENTATION
- have completed the attestation form with signature

\*\*Those applicants selected for externship will be subject to drug screening and criminal background checks (there may be associated costs so speak with your program as these fees are not covered by CHCO). Unacceptable results on the criminal background check or drug screening will result in dismissal from the program.

## APPLICATION PROCEDURES

**A completed application consists of the following materials:**

1. Cover Letter
2. Curriculum Vitae
3. 2 letters of recommendation
4. Attestation of Professional Conduct
5. Extern Application Face sheet

**Emailed by February 1, 2023 at 5pm to the following:**

1. CHCO Psychology Training Program email

Email: [CHCOPsychTrainingprogram@childrenscolorado.org](mailto:CHCOPsychTrainingprogram@childrenscolorado.org)



**Children's Hospital Colorado**

**Children's Hospital Colorado Department of Psychiatry and Behavioral Sciences**  
13123 E 16th Ave, B130, Aurora, CO 80045, 720-777-6200 | [childrenscolorado.org](http://childrenscolorado.org)

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- If you have questions please email Tamara Zangrilli, Operations Coordinator  
Email: Tamara.Zangrilli@childrenscolorado.org

### Recruitment Timeline

February 1, 2023 @ 5pm:	Application deadline (early submissions encouraged!)
February 6 - 17, 2023:	Interviews scheduled (early interviews available with early, complete submissions)
February 21 - March 3, 2023:	Positions offered, prompt confirmation of acceptance/declination requested

### Supervision

The goal of supervision is to support the extern during exposure to new patient populations, assessment tools and intervention strategies, and to build feelings of competence and functional autonomy in areas of strength. Externs have 2-3 hours of weekly individual and group supervision. Additional supervision and consultation will be provided as needed. In addition, Spanish speaking externs are provided with Spanish supervision.

## ***DUTIES OF PSYCHOLOGY TRAINEES***

Psychology externs provide direct clinical care to children, adolescents, and families under the supervision of a licensed psychologist. Externs are expected to work part-time between 8 and 20 hour per week dependent upon training goals and program requirements. Expectations will vary depending upon training locations but may include the following: conducting intake assessments and crisis evaluations, carrying an outpatient caseload, co-facilitation of group therapy, and participation the partial hospitalization program. Externs are required to be at CHCO on Monday afternoons for didactic training and supervision. If an extern will be on site for a second day, it is for the extern to choose. However, a consistent second day on campus throughout the training commitment is preferred for continuity of training experiences. These duties are subject to change to meet the needs of the department and as training opportunities arise. Externs document all clinical contacts in the electronic medical record within 24 hours of contact, and their notes are co-signed by their supervisor. Externs must complete all hospital required background checks, training, and orientation activities.

### Externship Components

Externs are exposed to a variety of treatment approaches, interventions, and modalities through instruction and observation to augment their previous clinical experiences. These training experiences are organized to provide direct clinical, assessment, and consultation experiences in child clinical and pediatric psychology.

1. Case and electronic medical record review
2. Initial intake assessment
3. Outpatient child, adolescent, or family psychotherapy and group therapy
4. Consultation to various areas throughout the hospital
5. Communication of data and recommendations for continued care or treatment
6. Didactics: lectures and exposure to issues relevant to clinical and pediatric psychology

### Services provided

This externship placement provides students with the opportunity to work in a regionally and nationally prominent pediatric health care facility affiliated with the Anschutz Medical Campus and the Division of Child and Adolescent Psychiatry.

### Type of clients served on this externship

Children and adolescents, ages 3-18, and their families served in Children's Hospital Colorado, Colorado Springs Department of Psychiatry and Behavioral Science. Patients are representative of the Colorado Springs related to diversity.

### General Information:

**Supervised by:** Licensed Clinical Psychologists in the department of Child and Adolescent Psychiatry & Lauren Eckhart, PsyD

**Theoretical Orientation:** Evidence-based treatment with a significant focus on Cognitive-Behavioral and Behavioral Treatment modalities

**Supervision format:** Individual; Group

**Ratio of hours (supervision to clinical hours):** 1:4

**Number of psychology trainees on site:** 2 field placement externs

**Number of hours/week externs work for this rotation:** 8-20

**Pay:** None currently



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