Black Mamas Circle

A peer-to-peer support group where Black mothers connect, learn and increase well-being through shared experiences.

Pregnancy & Postpartum

- Form social connections with other black mothers
- Receive support from our peer mentor mother
- Get information on culturally concordant resources from our care coordinator
- Access to mental health therapy and medications
- Referral services as needed

Registration

Call the Healthy Expectations Warmline and mention that you are interested in Black Mamas Circle Group.

Healthy Expectations Perinatal Mental Health Program

303-864-5252

Virtual Meetings

Mondays & Thursdays
5:30 - 6:30 pm

healthyexpectations@childrenscolorado.org

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