Late Breaker: Happy Holidays to all and a friendly reminder to wash your hands and consider wearing a mask so that you don’t share or receive the gift of an infectious disease. Influenza and RSV activity remain high throughout the state of Colorado. If you are traveling, influenza activity is high throughout the southern United States (https://www.cdc.gov/flu/weekly/index.htm) and RSV activity remains high throughout all U.S regions (https://www.cdc.gov/surveillance/nrevss/rsv/region.html).