Developmental Delay/Regression

Referring provider’s initial evaluation and management can include:

- Developmental surveillance- please see AAP guidelines [http://aappolicy.aappublications.org/cgi/content/full/pediatrics;118/1/405]
- In addition to the developmental evaluation, a medical diagnostic evaluation to identify an underlying etiology should be undertaken. This evaluation should consider biological, environmental, and established risk factors for delayed development.
- Vision screening and objective hearing evaluation;
- Review of newborn metabolic screening and growth charts;
- Update of environmental, medical, family and social history for additional risk factors are integral to this evaluation.
- Referral to and input from early intervention specialists (eicolorado.org) and physical, occupational and speech therapists, as appropriate.

When to initiate referral:

- Evidence of significant delay in two or more areas of development
- Evidence of regression
- Head size crossing percentiles or baseline microcephaly
- For delays in a single area of development- lack of progress toward typical development after three to six months of intervention

What records can referring provider send?

- Growth charts
- Results of developmental screening tools
- Early intervention and therapy reports
- Newborn screening results
- Any medical information about other family members with developmental concerns
- Results of vision, hearing screenings

Children’s Colorado’s workup will likely include:

- Please see best practice references AAN evidence report [http://www.neurology.org/content/77/17/1629.full.html]: 2a.
- Detailed medical, birth, social, family and environmental history will be obtained.
- A general medical examination and detailed neurologic examination will be performed.
- Head imaging for abnormal or abnormally growing head
- Genetic testing as indicated.
- Referral to other clinics as indicated may be recommended (e.g., Neurosurgery, Neurodevelopmental Behavioral Pediatrics)

Who to refer to:

- Patients with developmental delay or regression can be evaluated by any of our general pediatric neurologists.
- Please call (720) 777-6895 to make an appointment.
- Our neurology staff practice throughout metro Denver and appointments are available at our St. Joseph’s, Parker, Broomfield, Littleton and Wheat Ridge locations.

Want to provide information to your patients and families?
Tell them to visit childrenscolorado.org/neuro

Contact the Neurology Department

A Children's Hospital Colorado Pediatric Neurologist is available at all times for consultation and can be reached through One Call at (720) 777-3999 or toll free at (800) 525-4871 or by calling the Neurology department directly at (720) 777-6895, option 2.

For more information or to schedule an appointment, please call (720) 777-6895.

Medical Records: Medical records needed for upcoming appointments in Neurology can be faxed to (720) 777-7197.